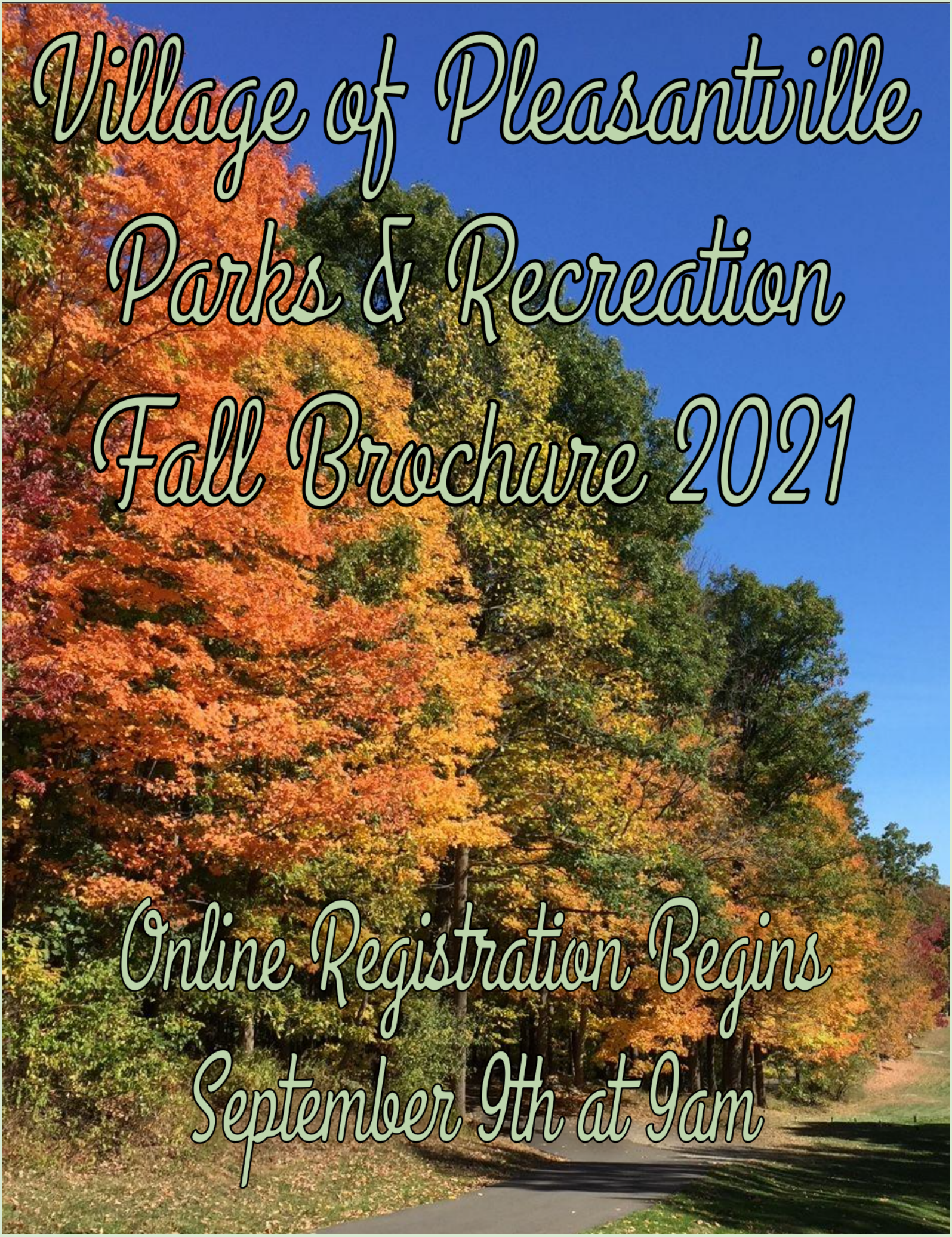


Village of Pleasantville Parks & Recreation Fall Brochure 2021

Online Registration Begins September 9th at 9am

Village of Pleasantville

Parks & Recreation Department

48 Marble Avenue
Pleasantville, NY 10570
914-769-7950
Monday - Friday
8am - 4pm
www.pleasantville-ny.gov

Superintendent of Parks & Recreation	Mike Newman
Parks Foreman	Mario Sansotta
Recreation Supervisor	Chris Mantz
Recreation Assistant	Mindy Rodgers
Parks Staff	Brendan Gallagher
	Brendan Duane
	Shawn Tiffany

Online Registration begins September 9 at 9am

https://register.communitypass.net/VillageofPleasantville

New Users:

Click "Create an Account" and enter all information required.

Return Users:

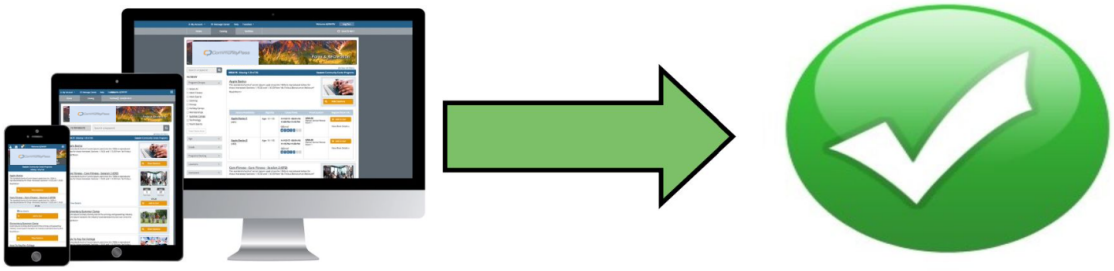
Log in with your established Username and Password.

Please confirm your username and password prior to registration day to avoid any issues signing up for programs.

Once logged in, proceed to register for your desired programs.

No computer access? No problem!

CommunityPass works GREAT on your tablet and smartphone.



Our Commitment to You

Your satisfaction is our goal. The Pleasantville Parks and Recreation Department seeks to provide high quality, diverse and well-planned programs for the entire community. It is our goal to make your experience an enjoyable one!

General Registration Information

Online and Walk-In registration will begin on Thursday, September 9 at 9am at the Recreation Center at 48 Marble Avenue and will be ongoing as program space allows. **Checks should be made payable to "Village of Pleasantville."** Payment can also be made via Visa and Mastercard.

Senior Citizen registration is on-going at the Clinton Street Center.

Registration is on a first-come, first-served basis. Due to the popularity of our programs you will be permitted to register for your family only. You must be 18 years old or older to register for a program. Please be advised that due to the access to registration that our online system provides, it is possible for certain programs to fill up in a very short period of time and a waitlist to be started.

Register for Programs Early!

Nothing eliminates a recreation program faster than participants who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination, often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. PLEASE DO NOT WAIT TO REGISTER!

Registering Online?

1. Make sure you have an established account. Do NOT create a "New" account if you have registered with us before.

2. Check that your Username and Password are working

3. Check to see that all members of your household are on your account and that their info (Age, Gender, Grade, etc.) is correct. THIS IS PARAMOUNT in order to register for age-level appropriate programs.

Do all of the above PRIOR to the start of registration

Still having Trouble?

Call us at 914-769- 7950

Non-Discrimination Statement on the Basis of Disability

The Village of Pleasantville will not discriminate against any individual on the basis of disability with regard to the full and equal enjoyment of the goods and services of all programs. The Village of Pleasantville will make reasonable modifications to its policies, practices, or procedures when necessary to afford its goods and ser- vices to individuals with disabilities, including children with allergies and who may require the administration of medications, unless the Village of Pleasantville can demonstrate that making the modifications would fun- damentally alter the nature of its services or not otherwise be feasible.

The Village of Pleasantville will take such steps as may be necessary to ensure that no individual with a disa- bility is excluded, denied services, segregated, or otherwise treated differently than other individuals be- cause of the absence of auxiliary aids and services, unless the Village of Pleasantville can demonstrate that taking such steps would fundamentally alter the nature of the good, service, facility, privilege, advantage, or accommodation being offered. A parent or guardian can contact Mike Newman, Superintendent of Recreation at 914-769-7950 or recreationsuperintendent@pleasantville-ny.gov in the event their child has a disability that may require accommodation.

Medical Insurance Policy

As an applicant for participation in recreation programs sponsored by the Village of Pleasantville, it is extremely important that you are aware that the Village does not provide medical insurance in such programs. If you do not have a personal medical insurance policy, we urge that you secure one prior to enrolling in any programs. Persons participate at their own risk and should make certain they have their own insurance.

Weather Cancellations

In the case of closure or early dismissal of the Pleasantville Union Free School District, all after-school and evening programs are automatically CANCELLED. In the event of a delayed start, all programs starting prior to 12 Noon will be cancelled.

Participants will be notified of the status of their classes via email through our Community Pass Registration system. They may also call our office at 914-769-7950 for further information.

Pleasantville Dad's Club Sports Programs

The Dad's Club of Pleasantville, Inc., is a 501(c)(3) nonprofit corporation responsible for delivering youth sports programs for the Village of Pleasantville and the Pleasantville School District - including Pocantico Hills. They are an all-volunteer organization founded in 1958. While their name denotes an all- male membership, mom's have played an integral role in our organization throughout its history and continues today with 11 women holding 11 commissioner posts and a number of coaching positions.

For more information visit:

Pleasantville Dad's Club

Pleasantville Youth Soccer / AYSO

Pleasantville's AYSO program is your children's first step into the sport of soccer. From ages U5 to U8 our program provides children with clinics and games to assist with their development as players. Recreational teams are in place for players aged U9 to High School providing all Pleasantville children with the opportunity to play soccer against other Pleasantville teams as well as teams from surrounding towns.

Get your child in the game:

Pleasantville FC (Pvillesoccer.com)

Preschool Programs

Kindergarten Meet & Greet
Recreation Staff
Location: Parkway Field
Date: Wednesday, September 1st
Time: 10:00am - 11:00am

Come play some fun sports activities on Parkway field and enjoy refreshments afterwards with your new classmates!

Fee: $10

Zumba Kids **NEW**
Peggy Ann Raiskums
Ages 3-5
Location: Recreation Center
Dates: September 24,
Oct. 1, 15, 22, 29, (No Class Oct. 8th)
Nov 5, 12, 19

Friday's 1:30pm – 2:15pm

The ultimate high-energy dance 'n' play party for 3 to 5 years old. This 45 minute class features age-appropriate music with specially choreographed kid-friendly dance routines to get the kids movin' to the beat while getting fit and reinforcing the idea that it's okay to just be yourself and dance like no one's watching. No dance experience necessary.

Fee: $115.00

Zumba Babies & Tots **NEW**
Peggy Ann Raiskums
Ages 1 – 3
Location: Recreation Center
Dates: September 23, 30,
October 7, 14, 21, 28
November 4, 18 (No class Nov. 11th)

Thursday's 9:30am – 10:15am

This 45 minute class for parent/caregiver and child 1-3 years old, is a wonderful fun dance-n-play party for little feet. Age appropriate music and props are used to help children learn to love moving their bodies and dancing to their own rhythm. Singing and exciting activities will amuse, delight, and stimulate your child benefiting their cognitive, emotional and social development.

Fee: $115

Little Pumpkins Arts & Crafts
Jeanne Bordin
Ages 3-5
Location: Recreation Center
Dates: September 21, 28,
October 5, 12, 19, 26
November 9, 16 (No class Nov. 2nd)

Tuesday's 1:00pm - 2:00pm

Let's celebrate Autumn! Your little ones will love making a variety of fun, seasonal crafts. Let's nurture their talents in a relaxed, cozy atmosphere. Story time sessions inspired by the beauty of the season are a favorite weekly activity. This is a drop-off program.

Fee: $115

Little Acorns Arts & Crafts
Jeanne Bordin
Ages 3-5
Location: Recreation Center
Dates: September 23, 30,
October 7, 14, 21, 28,
November 4, 18

Thursday 1:00pm - 2:00pm

Let's celebrate Autumn! Your little ones will love making a variety of fun, seasonal crafts. Let's nurture their talents in a relaxed, cozy atmosphere. Story time sessions inspired by the beauty of the season are a favorite weekly activity. This is a drop-off program.

Fee: $115

Little Paleontologist **NEW**

Francesca Varga

Ages 3-5

Location: Recreation Center

Dates: September 20, 27,
October 4, 18, 25, (No Class Oct. 11th)
November 1, 9, 16

Monday's 1:00pm - 2:00pm

The little Paleontologist will make fossils, do a dino dig, and make dinosaur feet. Each week will explore a new dinosaur and do a fun stem activity.

Fee: $115

Preschool fun with US Sports Institute

Parent & Me Soccer Squirts Ages: 2-3

Location: Parkway Field

Dates: **Session I** 9:00am - 9:50am
September 15, 22, 29,
October 6, 13, 20, 27

Session II 10:30am - 11:20am
November 10, 17, 24,
December 1, 8

Wednesday's

Parent & Me Soccer Squirts is a fun and positive introduction to soccer for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through structured activities, fun based games, and scrimmages.

Fee: Session I $145 / Session II $95

Squirts Multi-Sports Ages: 3-5

Location: Parkway Field

Dates: **Session I** 10:00am - 10:50am
September 15, 22, 29,
October 6, 13, 20, 27

Session II 11:30am - 12:20pm
November 10, 17, 24,
December 1, 8

Wednesday's

The Squirts Multi Sports program allows children to try a variety of different sports throughout the season including Lacrosse, Soccer, T-Ball, and Track & Field. All sports are taught in a safe and structured learning environment designed to ensure learn- ing and most importantly: fun, fun, fun!

Fee: Session I $145 / Session II $95

Squirts Soccer Ages: 3-5

Location: Parkway Field

Dates: **Session I** 11:00am - 11:50am
September 15, 22, 29,
October 6, 13, 20, 27

Session II 12:30pm - 1:20pm
November 10, 17, 24,
December 1, 8

Wednesday's

Soccer Squirts is your child's perfect introduction to the most popular sport in the world! Skills covered include dribbling, passing, shooting, stealing, and more. Each session is taught through structured activities, fun games, and scrimmages de- signed to ensure learning and most importantly: fun, fun, fun!

Fee: Session I $145 / Session II $95

US SPORTS™ institute

Register @
USSPORTSINSTITUTE.COM
866 - 345 - BALL
INFO@USSPORTSINSTITUTE.COM

Special Event Programs

Back to School McDonalds and Bingo!

Location: Recreation Center

Dates: Friday, September 17th - 1st & 2nd Graders
&
Grades: Friday, October 1st - 3rd & 4th Graders

Time: 5:00 pm – 7:00 pm

Enjoy the night out with your friends, play bingo and win some great prizes—all while enjoying a delicious meal! Pre-registration is required for accurate menu count; the program may be cancelled due to lack of enrollment—so make sure you register early!

Fee: $20

Pajama-Rama Game Night/Pizza

Location: Recreation Center

Date: Friday, October 15th

Grade: Kindergarten

Time: 5:00 pm – 7:00 pm

Come in your PJ's and enjoy playing some games with your friends! Pizza and drinks are provided. Please Pre-Register to ensure your spot!

Fee: $15

Halloween Craft/Game Night

Location: Recreation Center

Dates: Friday, October 22nd - 3rd & 4th Graders
&
Grades: Friday, October 29th - 1st & 2nd Graders

Time: 5:00pm-7:00pm

Join in our Halloween games, crafts, and movies. Pizza and snacks will be served. Come in costume and show off your best scaries!

Fee: $20

Painting with Nando

Location: Recreation Center

Dates: Friday, November 5 - 3rd & 4th Graders
&
Grades: Friday, November 12 - 5th - 8th Graders

Times: 5:00pm-8:00pm

Escape with your friends and enjoy a fun time creating your own masterpiece. No artistic ability required! Pizza and drink will be provided.

Fee: $30

Thanksgiving Cookie Bake for 2nd - 4th Graders

Location: Recreation Center

Date: Saturday, November 20

Time: 9:00am-12:00pm

Gobble Gobble! Bake and decorate holiday cookies with your friends! Pizza and drink included.

Fee: $25

Decorate your own Gingerbread House for Kindergarten - 4th Graders

Location: Recreation Center

Dates: Friday, December 17th

Time: 5:00pm-7:00pm

Create your own special Gingerbread House to bring home for the holidays! Pizza and drinks will be provided. Space is limited. For siblings who are sharing a house, only register one.

Fee: $45

Halloween Window Painting for 2nd - 8th Graders

Location: Downtown Pleasantville

Date: Saturday, October 23rd

Time: Starting at 10:00am

Register Online to reserve your space and secure a window to paint a Halloween theme. One window per child. Window locations will be assigned by the Recreation Department.

Fee: $10/child

Ragamuffin Parade & Harvest Day - All Ages Welcome

Location / Route: Lineup at Bedford Road School - Walk Down Bedford Road - End at Memorial Plaza

Date: Saturday, 10/30

Time: Line Up at 10:30am

Parade Starts at 11:00am

Costumes, pumpkins, rides, and entertainment! This is a FREE event for the entire community.

Community Sing-A-Long & Tree Lighting - All Ages Welcome

Location: Corner of Manville Road & Great Oak Lane

Date: Wednesday, December 1st at 7:00pm

This is a FREE event for the entire community.
Co-Sponsored with the Pleasantville Chamber of Commerce

Breakfast with Frosty for Ages 2 - 8

Location: Clinton Street Center

Date: Saturday, December 11th at 9:30am

Have breakfast with your favorite Snowman!

Fee: $20

After School Clubs at Bedford Road School

The Pleasantville Recreation Department offers After School programs at the Bedford Road School from 3:00 p.m. to 4:00 p.m. on Monday's - Thursday's.

You may register for After School classes online beginning Thursday, September 9th at 9:00 a.m.

Little Paleontologist for Kindergarten

Francesca Varga

Location: Bedford Road School

Dates: **Monday's** Sept. 20, 27; Oct. 4, 18, 25; Nov. 1, 8, 15, 22
(No Class on Oct. 11th)

Little Paleontologists will learn about different types of dinosaurs with a stomp and a roar. Class will make fossils, dinosaur feet, do a dino-dig and much more. Every week will be filled with new adventures!

Fee: $105

Let's Make Jewelry!

Marianne Olbermann

Location: Bedford Road School

Dates/Grade: **Monday's**, Sept. 20, 27; Oct. 4, 18, 25; Nov. 1, 8, 15, 22 - **3rd & 4th Grades**
(No Class on Oct. 11th)

Tuesday's, Sept. 21, 28, Oct. 5, 12, 19, 26; Nov. 9, 16, 23 - **1st & 2nd Grades**
(No Class on Nov. 2nd)

Our young designers will choose from a large selection of beads and everyday materials to create bracelets, necklaces, keychains, and other accessories. Beading allows students to stretch their imagination and improve fine motor and math skills while having FUN, and they love to show off their beautiful projects.

Fee: $105

Chocolate Club

Chrissie Moses

Location: Bedford Road School

Dates/Grades: **Tuesday's**, Sept. 21, 28, Oct. 5, 12, 19, 26, Nov. 9, 16, 23 - **K - 2nd Graders**
(No Class on Nov. 2nd)

Wednesday's, Sept. 22, 29, Oct. 6, 13, 20, 27, Nov. 3, 10, 17 - **3rd & 4th Graders**

Thursday's, Sept. 23, 30, Oct. 7, 14, 21, 28, Nov. 4, 18, Dec. 2 - **3rd & 4th Graders**
(No Class on Nov. 11th & Nov. 25th)

Children will have the opportunity to make many tasty treats such as lollipops, chocolate drops, chocolate covered pretzels, cookies and more.

Fee: $105

Pumpkin Patch Crafts for Kindergarten

Jeanne Bordin

Location: Bedford Road School

Dates: **Tuesday's**, Sept. 21, 28; Oct. 5, 12, 19, 26; Nov. 9, 16, 23
(No Class on Nov. 2nd)

Applies and pumpkins and leaves, oh my! Children will have oodles of fun making a variety of colorful, seasonal arts and crafts. Weekly story time sessions inspired by the wonders of autumn are an added bonus.

Fee: $105

Geology Rocks for 3rd & 4th Graders

Francesca Varga

Location: Bedford Road School

Dates: **Tuesday's**, Sept. 21, 28; Oct. 5, 12, 19, 26; Nov. 9, 16, 23
(No Class on Nov. 2nd)

Think geology is boring...think again! Volcanoes, fossils, glow in the dark crystals, local rock id, metal detecting and oh yeah, gold panning! Let me share my love of geology with you.

Fee: $105

FUNdamentals Sport - Learning the ABC's of Physical Movement for K - 2nd Graders

Simon Gillespie

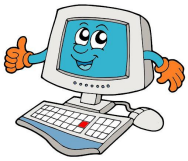
Location: Bedford Road School

Dates: **Tuesday's**, Oct. 12, 19, 26; Nov. 9, 16, 23, 30; Dec. 7, 14
(No Class on Nov. 2nd)

This after-school program is focused on helping kids learn the FUNdamental movement skills that can apply to every sport. In this class we lay the foundation for sporting movement teaching kids the basics of how to run, jump, balance, throw, catch and kick a variety of objects to help kids develop the fundamental skills needed in every sport and day to day life this fun-focused class coaches kids on the correct way to move their body and control objects. We focus on developing hand and foot-eye coordination along with body control and performance using fun games and easy-to-practice drills. We use ideas from the Olympics Games and Team sports to create fun weekly classes for kids. Ideal for kids aged 4-7 years of age. No previous experience in sports needed.

Fee: $105

Creative Computing with Scratch Jr. for 1st Graders



Tina Iannotti

Location: Bedford Road School

Dates: **Tuesday's**, Sept. 21, 28; Oct. 5, 12, 19, 26; Nov. 9, 16, 23
(No Class on Nov. 2nd)

Students will learn Scratch Jr. and be introduced to coding concepts using motion, repeat, sound, and control blocks. They will create sprites, algorithmic sequences, and events to make their own story boards and theme games.

Fee: $105

Mindfulness for 1st Graders

Elena Garcia

Location: Bedford Road School

Date: **Wednesday's**, Sept. 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17

This is an opportunity to practice and engage in various mindfulness activities.

Fee: $105

Write Your Own Play for 3rd & 4th Graders

Monisha Bhayana

Location: Bedford Road School

Date: **Wednesday's**, Sept. 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17

Students will learn the basic elements of playwriting, including structure, developing character, and writing dialogue. Students will complete writing exercises and write their own short, original plays.

Fee: $105

European Sports for K - 4th Graders

gg101290653 GoGraph.com

Simon Gillispie

Location: Bedford Road School

Date: **Wednesday's**, Oct. 13, 20, 27; Nov. 3, 10, 17; Dec. 1, 8, 15

In this class, we teach kids the basics of some of the most popular European Sports: Soccer, Rugby, and Gaelic Football. Kids will learn the basics skills and rules of each sport, get a chance to play each, and learn how to practice their skills and where they can play the sports locally. Practices are fun-focused and each week we highlight our star of the week rewarding effort, behavior, and listening in class.

Fee: $105

Awesome Autumn Crafts for Kindergarten & 1st Graders

Jeanne Bordin

Location: Bedford Road School

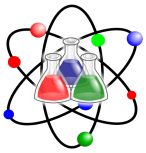
Date: **Wednesday's**, Sept. 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17

Let's celebrate Autumn, have some fun and spend time with friends. Students will love making an assortment of awesome, seasonal arts and crafts. Weekly story time sessions inspired by the beauty of the season are an added bonus.

Fee: $105

Fall Science Club for 1st & 2nd Graders

Francesca Varga



Location: Bedford Road School

Date: **Wednesday's**, Sept. 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17

Apple volcanoes, pumpkin dissection, bats, owls, spiders and all the fun that fall offers. Make Fall exciting with different science activities.

Fee: $105

Gaelic Football for K - 4th Graders

Simon Gillispie

Location: Bedford Road School

Date: **Thursday's**, Oct. 14, 21, 28; Nov. 4, 18; Dec. 2, 9, 16, 23
(No Class on Nov. 11th and Nov. 25th)

The most popular sport in Ireland and one of the fastest-growing youth sports in New York Gaelic Football combines the skills of basketball and soccer into one of the fastest games on grass. Learn how to punt, kick, swerve, solo, and pass while scoring from distance in this fun, fast-paced class. No previous experience needed.

Fee: $105

Harry Potter Club for 2nd - 4th Graders

Francesca Varga

Location: Bedford Road School

Date: **Thursday's**, Sept. 23, 30; Oct. 7, 14, 21, 28; Nov. 4, 18; Dec. 2
(No Class on Nov. 11 and Nov. 25)

Let's make some mischief with stem based fun. Dragons, wands, potions and more. The magic of Hogwarts in a fun-filled after school adventure.

Fee: $105

Sweater Weather Crafts for 1st & 2nd Graders

Jeanne Bordin

Location: Bedford Road School

Date: **Thursday's**, Sept. 23, 30; Oct. 7, 14, 21, 28; Nov. 4, 18; Dec. 2
(No Class on Nov. 11 and Nov. 25)

Fun, friends and crafts...a perfect combination. Students will love expressing their artistic talents while making an assortment of creative, autumnal projects. Let's break out the sweaters!

Fee: $105

Letters to Santa

Drop off your letters to Santa at the Mount Pleasant Library or the Recreation Department Building beginning Monday, November 15th!

Please address your envelope to:
Santa Claus
North Pole

No postage is necessary.
Be sure to include your return address.

All letters dropped off before Friday, December 17th will be answered by Saint Nick.

Adult Programs

20 / 20 / 20 for Adults
Michelle Saccurato

Location: Recreation Center

Dates: **Tuesday's**, Sept. 21, 28; Oct. 5, 12, 19, 26; Nov. 9, 16, 23
(No Class on Nov. 2nd)

Time: 7:30pm - 8:30pm

This class will incorporate 20 minutes of low impact cardio, 20 minutes of weight bearing, and 20 minutes of floor exercises for your core. Please bring light weights and a mat.

Fee: $120

Pilates for Adults
Michelle Saccurato

Location: Recreation Center

Dates: **Thursday's**, Sept. 23, 30; Oct. 7, 14, 21, 28; Nov. 4, 18; Dec. 2
(No Class on Nov. 11 and Nov. 25)

Time: 7:30pm - 8:30pm

Pilates is an excellent method for improving core strength, alignment, flexibility, and mind-body awareness, which are ESSENTIAL COMPONENTS OF MOVEMENT AND FUNCTION to protect a healthy back. Please bring a pilates ring and a mat.

Fee: $120

Adult Beginner Group / Individual / Private Music Classes

Location: Recreation Department or Rock Island Sound (Tarrytown)

Dates: **Wednesday's**

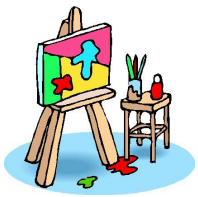
Time: 4:00pm - 7:00pm hourly windows

Rock Island Sound, Tarrytown's full-service music school and instrument store, is offering weekly 1-hour music classes for guitar, ukulele, or bass guitar.

Fee: $399 for an 8-week group session (3 or more students)
Call 914-333-0420 for private one-on-one classes

Registration can be made by emailing sean@rockislandsound.com or calling 914-333-0420.
Please contact Rock Island Sound for specific class questions or requests.

Paint Escape for Adults
Nando



Location: Recreation Center

Date: Friday, December 3rd

Time: 7:00 pm – 10:00 pm

Ages: 21 and Over

You asked for it, so Nando, our favorite paint instructor is back... Come with your friends or spouse and join us for a fun night creating your own masterpiece. No artistic ability required! We will provide the cheese, crackers, and dessert. All supplies are included!

Fee: $35

Open Gym Basketball
Recreation Department

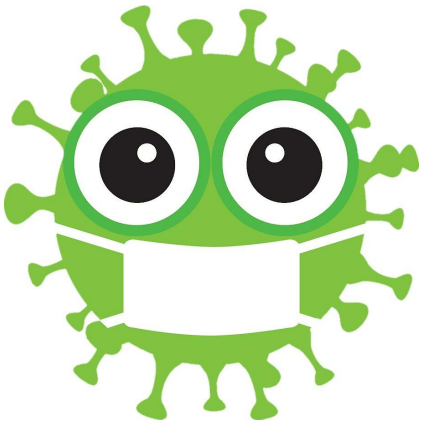
Location: Pleasantville High School Gymnasium
Dates: TBA
Time: TBA

We will confirm dates & times in the near future.

COVID-19 Protocols

- As of 8/24/21 masks are required for all indoor programs
- Masks will be optional for all outdoor programs

The Recreation Department will continue to monitor the guidance that comes out and will update protocols as needed



Panther Club

Attention Parents!

Do you have your child's after-school care planned out for this year?

Are you looking for supervision of your child before you get home from work?

Pleasantville Recreation's Panther Club program may be your solution.

The Panther Club is a K - 8th grade after school program that is run out of the Bedford Road School. The Panther Club is licensed by NYS Family and Child Services. It is our goal to provide an engaging, fun, and safe environment for all children that participate in this program.

For pricing and other important information, please visit:

https://www.pleasantville-ny.gov/parks-recreation-department/pages/panther-club-information

Pleasantville Cub Scout Pack 15

Parents, Boys, and Girls:

If your son or daughter is entering K to 5th grade in the Fall, loves activities and camaraderie, then consider joining Cub Scouts. Parents usually round up friends sharing a grade and put together a "Den" of about 6 scouts who attend meetings and events together with at least two parent volunteer Den Leaders. Dens will consist of either all boys or all girls, and will enjoy all Pack group activities together. Training is available for leaders. For more information and/or materials to get started...

Contact Cubmaster Rob LaMagna at:
rjlmustang@yahoo.com

Clinton Street Center / Senior Citizen Programming and Services

1-A Clinton Street, Pleasantville, NY 10570
clintonstreetcenter@gmail.com
914-769-2021
https://www.pleasantville-ny.gov/clinton-street-senior-center

The Clinton Street Center is a site of many diversified activities, events, programs and services for older adults, 60 years and above, and their friends and family members who may need advice or guidance. The Center caters to the philosophy of wellness of "Mind-Body-Spirit" in providing cultural, recreational, educational, health and social activities for adults age 60 and over in Pleasantville and the surrounding area. Ultimately, we strive to respond to the growing and changing needs of our aging population.

Information, Referral, and Support

The Village of Pleasantville provides senior citizen programs and services through the Clinton Street Center.

Joni Ehrlich, GCM, QDCP, Director of Senior Services can be contacted Monday through Friday from 8:00 a.m. to 4:00 p.m. at 914-769-2021. The Clinton Street Center staff is here to help you manage issues related to aging and changes in your life.

FILE OF LIFE - The File of Life Card enables medics to obtain a quick medical history when you are unable to offer one. The packet includes a mini medical history, which is placed in a holder and posted on the outside of the refrigerator. There is also a wallet-sized card to be carried with you. No Fee.

LIBRARY ON WHEELS - Volunteers can bring books to your home. Books are also available at the center. Join our Book Discussion Group – Monthly selection will be shared with homebound seniors upon request. No Fee.

Transportation Services

WEEKLY FOOD SHOPPING VAN - An escorted weekly shopping van offers door-to-door shopping. Assistance with packages provided. Day: Thursdays / Time: 9:30 am / Fee: $2.00

MONTHLY SHOPPING TRIP - Monthly shopping trips to area shopping malls are provided by the Village van. Transportation Fee: $5.00 See Newsletter for details.

LOCAL VAN - Van Service is available within the Village and to the Thornwood Shopping Center. Use this service to go to the Hair Salon, Bank, local medical, etc. Times are limited to availability, appointments are required. Fee: $2.00

MEDICAL ESCORT SERVICE - For seniors needing transportation to medical appointments. This service is provided by volunteers and subject to availability. Advanced notice is needed.

Clinton Street Cafe

- **In House Dining on Tuesday & Friday**
- **Grab and Go meals available Monday - Friday**

Currently, Masks are REQUIRED regardless of Vaccine status.
Our policy will change as the guidelines change
*Lunch is served *in house* at 12:00 On Tuesdays and on Fridays
*Please reserve your space for the Tuesday or Friday *in house* meal, the day before by 4pm.
*Grab and Go Meals are available Monday to Friday
***The cost is $6.00**
*Please call us at 769-2021, by 9am if you have to cancel your meal
Options: 1 Hot Meal as written on Calendar
Option 2: Cold Deli Sandwich of the Day with Soup and Chips
Sandwiches will be served with Lettuce, Tomato, pickle and chips

Home Delivered Meals

A hot and or cold meal is available for Seniors in the Village of Pleasantville who are unable to prepare a meal and or grocery shop for themselves. This service can be used on a temporary basis as well. Please call the Clinton Street Center (914) 769-2021 for an application and additional information.

Sampling of Activities at Clinton Street Center

KNITTING & CROCHETING
DATES: Mondays TIME: 10:15 am
Join this knitting and crocheting circle that concentrates on knitting for others.

TED TALKS WITH BRIAN
DATE: Mondays TIME: 1:00pm to 2:30pm
Join Brian for an afternoon of learning and sharing. Topics are varied, complete calendar is in the newsletter

JEWELRY
DATE: Mondays TIME: 1:30pm to 3:30pm
Join the gang & create beautiful pieces that you will be proud to wear or share.

BINGO!
DATES: Tuesday & Friday TIME: 1:00pm
Get your Dimes and Nickels together and join us for BINGO!

OPEN BRIDGE CARD GAMES
DATE: Wednesdays TIME: 1:30pm to 3:30pm
Pick up Bridge, bring a table of 4, a partner or just come yourself and join in the fun or come and play another card game like Canasta.

CHESS FOR ALL LEVELS WITH JACK
DATES: Fridays TIME: 10:00 am
Join Jack Stockel for a morning of non-competitive play.

CHORAL GROUP (*Clinton Street Singers)*
DATE: Wednesdays TIME: 9:30am
Meet informally with others who enjoy singing. No experience necessary.

OPEN MAH JONG/ TABLE GAMES
DATES: Fridays TIME: 9:00am to 11:30am
Pick up MahJong, bring a table of 4, a partner or just come yourself and join in the fun or come play another tabletop game like Scrabble or Rummikub.

HARMONICA
DATES: Fridays TIME: 1:00pm to 2pm
Join the wonderful group of budding musicians as they huff and puff and create music while increasing their lung capacity.

CONVERSATIONAL ITALIAN
(DATES & TIME: TBD)
Join other speakers of the Italian language in a comfortable, casual setting to practice the language and learn from each other.

Sampling of Fitness Programs at Clinton Street Center

WALKING
DATES: **Thursday** TIME: 9:30am FEE: 0
A self-motivating tapes, walk around the dining room. Bring a friend & walk off breakfast!

AEROBICS!
DATE: **Wednesdays** TIME: 1:20pm - 2:05pm FEE: $45.00 for 10 weeks
Keep Moving in this Cardio Fun and energetic class that will focus on aerobic fitness, incorporating strength, balance and flexibility into the routine.

TAI CHI
DATE**: Monday** TIME: 9:00am - 10:00am FEE: $45 for 10 weeks
An amazing class that increases balance, coordination and flexibility while increasing strength. Tai Chi has been proven by NIH studies to reduce falls!

ARTHRITIS BALANCE
DATE: **Wednesday** TIME: 12:30pm - 1:15pm FEE: $45.00 for 10 weeks
This class follows the Arthritis Foundation exercise guidelines. Participation has shown a decrease in joint stiffness, improvement in joint stability and an increase in range of motion.

CHAIR YOGA
DATE: **Tuesday** TIME: 1:15pm - 2:15pm FEE: $45.00 for 10 weeks
Yoga is a form of exercise that uses slow movements and stretching in its form. It is good for flexibility, strength, and balance. Yoga is a good way to learn to calm yourself and your stress level. This class is done from a seated or standing position.

MAT YOGA
DATE: **Tuesday** TIME: 2:30pm - 3:30pm FEE: $45.00 for 10 weeks
Yoga is a form of exercise that uses slow movements and stretching in its form. It is good for flexibility, strength, and balance. Yoga is a good way to learn to calm yourself and your stress level. This class requires getting up and down from the floor independently.

LINE DANCING

DATE: **Tuesdays** TIME: 9:00am - 10:00am FEE: $45.00 for 10 weeks

Line Dancing is known to be one of the best forms of exercise for aging bodies, it helps improve cardiovascular health, helps improve balance, and it's Fun!

Sampling of Additional Programs at Clinton Street Center

Shopping Trips

Shopping trips are scheduled each month, please see bi-monthly newsletter.

Pizza and a Movie

Movie and Pizza is offered once each month. Movies generally start at 3:30pm with pizza to follow, please see bi-monthly newsletter.

Book Club

Do you love to read? Join us for lively and respectful discussions on a variety of books. Group meets the 3rd Monday of the month at 1:30pm. Please see bi-monthly newsletter.

Art Workshop

Let your creativity blossom. This workshop takes many forms but is always a welcoming and encouraging space to learn and grow. Please see bi-monthly newsletter.

Paint with Me

Join us for a fun night of painting! No experience needed. All painting supplies provided. Please see bi-monthly newsletter.

Bridge Lessons

This class is a 12-week series for players with little to no experience. Mondays at 10:15am.

Theater Programs

This season we are streaming 2 shows for Westport Theater, please see bi-monthly Newsletter.

MahJong Refresher

Learn your Bams from your Flowers, Cracks and Winds. Four Fridays at 10am. Please see bi-monthly Newsletter.

Do you have an Elderly Friend or Neighbor you are concerned about?

Do you know a senior who lives in the Village of Pleasantville that might benefit from:

A check in phone call *Information on resources* *A friendly visit*

Please let us know!

Call us at 769-2021 or email us at:

Directorseniorservices@pleasantville-ny.gov

Village of Pleasantville

Parks & Recreation Department

48 Marble Avenue

Pleasantville, NY 10570

914-769-7950

Mayor

Peter Scherer

Trustees

Nicole Asquith David Vinjamuri W. Paul Alvarez Michael Peppard

Village Administrator

Eric F. Morrisey

Clinton Street Senior Center

Joni Ehrlich	Director of Senior Citizens
Mary Petry Gerlanc	Senior Citizens Office Assistant
Vanessa Bongarzone	Recreation Assistant
Richard Murden	Cook

Recreation Staff

Mike Newman	Superintendent
Chris Mantz	Recreation Supervisor
Mindy Rodgers	Recreation Assistant
Mario Sansotta	Parks Foreman
Brenden Gallagher	Parks MEO
Brendan Duane	Parks Laborer
Shawn Tiffany	Parks Laborer

Recreation Advisory Board

Lori Shay (Chairperson) Armand D'Angelo Joseph Ruhl

Geraldine Stapleton Petro Zorgman