

# Clinton Street Center



# 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Clinton Street Center is Closed for New Years.</b></p>  <p><b>May 2017 Be A Good One!</b></p>	<p><b>3</b> 9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 4:30 Tai Chi</p> <p><b>MENU: Roasted Pork Chops</b></p>	<p><b>4</b> 8:00 Tai Chi 9:00 Guitar 10:30 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me!</p> <p><b>MENU: Italian Meatballs</b></p>	<p><b>5</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry</p> <p><b>MENU: Broccoli Quiche</b></p>	<p><b>6</b> 8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU: Flounder Oreganata</b></p>
<p><b>9</b> 8:00 Walking Tape 10:00 Knitting Noon Lunch Bunch 12:30 Keep Moving 1:00 Cards and Bingo 3:30 Aerobics with Carol</p> <p><b>MENU: Salisbury Steak</b></p>	<p><b>10</b> 9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 4:30 Tai Chi</p> <p><b>MENU: Chicken Francese</b></p>	<p><b>11</b> 8:00 Tai Chi 9:00 Guitar 10:30 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me!</p> <p><b>MENU: Balsamic Glazed Salmon</b></p>	<p><b>12</b> <b>Documentaries Continue.. Ingrid Bergman- In Her Own Words</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry 3:00 Documentary Thursdays</p> <p><b>MENU: Ravioli</b></p>	<p><b>13</b> 8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU: German Style Pork Chops</b></p>
<p><b>16</b> <b>We are Closed in Honor of Martin Luther King Jr Day</b></p> 	<p><b>17</b> <b>Lunch Out Beehive, Armonk</b> 9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 4:30 Tai Chi</p> <p><b>MENU: Sole Florentine</b></p>	<p><b>18</b> <b>Holiday Trivia and Raffle At Lunch</b> 8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me!</p> <p><b>MENU: Crispy Baked Chicken</b></p>	<p><b>19</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry</p> <p><b>MENU: Meatloaf &amp; Gravy</b></p>	<p><b>20</b> <b>Movie and Take Out "Jersey Boys"</b> 8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU: Turkey Ala King</b></p>
<p><b>23</b> <b>Film &amp; A Book "Brooklyn"</b> 8:00 Walking Tape 10:00 Knitting Noon Lunch Bunch 12:30 Keep Moving 1:00 Cards and Bingo 2:45 Film and a Book 3:30 Aerobics with Carol</p> <p><b>MENU: Stuffed Peppers</b></p>	<p><b>24</b> 9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 4:30 Tai Chi</p> <p><b>MENU: Chicken Paprika</b></p>	<p><b>25</b> <b>Empire Casino</b> 8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me! 2:00 ACTING!</p> <p><b>MENU: Swedish meatballs</b></p>	<p><b>26</b> <b>Women's Social &amp; Support Gathering &amp; Giving</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry 4:00 Womens Group</p> <p><b>MENU: Pork Chops</b></p>	<p><b>27</b> <b>Monthly BIRTHDAY CELEBRATION</b> 8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU: Roast Turkey</b> ***** <b>Saturday, January 28<sup>th</sup> Beatles Brunch in NYC Register ASAP!</b></p>
<p><b>30</b> <b>Book Club "Trinity"</b> 8:00 Walking Tape 10:00 Knitting Noon Lunch Bunch 12:30 Keep Moving 1:00 Cards and Bingo 1:30 Book Club</p> <p><b>MENU: Eggplant Parmigiana</b></p>	<p><b>31</b> <b>Shopping Trip Kohls/Target</b> 9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 4:30 Tai Chi</p> <p><b>MENU: Shrimp Chow Mein</b></p>	<p><b>February 1</b> 8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me! 2:00 ACTING!</p> <p><b>MENU Yankee Pot Roast</b></p>	<p><b>2</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry</p> <p><b>MENU: Baked Pesto Chicken</b></p>	<p><b>3</b> 8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU: Baked Flounder</b></p>

**NEW for 2017**



We will be Celebrating Birthdays once a month. Bring us Proof & Lunch is on Us!

**Sunday, February 5<sup>th</sup>**  
Closing Reception of Art Work done by Students in the Clinton Street Centers Art programs  
**2:30 to 4pm at the Pleasantville Library**

**Friday, FEBRUARY 10<sup>th</sup>**  
**The Jazz Pioneers**  
Come and enjoy some Jazz wonderfully performed by P'ville Middle School Pioneers under the Direction of Dorian Nuccio  
Date: Feb. 10<sup>th</sup>  
Time: 12:30, right after lunch with Bingo to follow



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>SUNDAY , February 5<sup>th</sup></b> Art Workshop Exhibit Closing Reception at P'ville Library at 2:30</p> <p><b>WEDNESDAY, Feb. 8<sup>th</sup></b> Paint with Me!</p> <p><b>FRIDAY, February 10<sup>th</sup></b> The Jazz Pioneers perform after Lunch</p>	<p>Let Us Know If you Are Interested In A Program, So We Don't Cancel It When No One Has Registered.</p>	<p><b>1</b> 8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me! 2:00 ACTING!</p> <p><b>MENU:</b> Yankee Pot Roast</p>	<p><b>2</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry</p> <p><b>MENU:</b> Baked Pesto Chicken</p>	<p><b>3</b> 8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU:</b> Baked Flounder</p>
<p><b>6</b> 8:00 Walking Tape 10:00 Knitting Noon Lunch Bunch 12:30 Keep Moving 1:00 Cards and Bingo</p> <p><b>MENU:</b> Italian Sausage &amp; Peppers</p>	<p><b>7</b> <b>LUNCH OUT</b> Sergio's</p> <p>9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 1:30 Brain Games w/OT Students 4:30 Tai Chi</p> <p><b>MENU:</b> Beef Stew</p>	<p><b>8</b> <b>Paint With Me!</b> 2:30to 4:30</p> <p>8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me! 2:00 ACTING! 2:30 Paint with Me!</p> <p><b>MENU:</b> Tilapia Veracruz</p>	<p><b>9</b> <b>Documentaries Continue...</b> Life Itself</p> <p>8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry 3:00 Documentary Thursday</p> <p><b>MENU:</b> Fresh Roasted Ham</p>	<p><b>10</b> <b>Jazz Pioneers Performance</b></p> <p>8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU:</b> Pasta w/ Chicken &amp; Garlic</p>
<p><b>13</b> <b>Film and A Book</b> "Up In The Air"</p> <p>8:00 Walking Tape 10:00 Knitting Noon Lunch Bunch 12:30 Keep Moving 1:00 Cards and Bingo 2:45 Film and a Book</p> <p><b>MENU:</b> Pepper &amp; Onion Frittata</p>	<p><b>14</b>  9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 1:30 Brain Games w/OT Students 4:30 Tai Chi</p> <p><b>MENU:</b> Roast Chicken &amp; Honey Mustard</p>	<p><b>15</b> <b>Theater Trip</b> "Bronx Tale"</p> <p>8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me! 2:00 ACTING!</p> <p><b>MENU:</b> Meat Loaf and Gravy</p>	<p><b>16</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry</p> <p><b>MENU:</b> Roast Turkey</p>	<p><b>17</b> <b>Movie and Take Out</b> "Florence Foster Jenkins"</p> <p>8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop 3:00 Movie&amp; Take-out</p> <p><b>MENU:</b> Manicotti</p>
<p><b>20</b> <b>We Are Closed</b> <b>In Honor Of</b> <b>Presidents Day</b></p> 	<p><b>21</b> <b>SHOPPING TRIP</b> Location TBD</p> <p>9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:00 Pick Up Bridge 1:30 Brain Games w/OT Students 4:30 Tai Chi</p> <p><b>MENU:</b> Chicken Cutlet &amp; Parmigiana</p>	<p><b>22</b> <b>Presidential Trivia and Raffle</b> At Lunch</p> <p>8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me! 2:00 ACTING!</p> <p><b>MENU:</b> Broccoli Quiche</p>	<p><b>23</b> <b>Women's Social &amp; Support</b> "Setting Intentions for 2017"</p> <p>8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry 4:00 Women's Group</p> <p><b>MENU:</b> Salmon Cakes w/Dill</p>	<p><b>24</b> <b>Monthly Breakfast</b> <b>Topic: Home Computer Fixes</b> &amp; <b>Monthly BIRTHDAY CELEBRATION</b></p>  <p>8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop</p> <p><b>MENU:</b> Crispy Baked Chicken</p>
<p><b>27</b> <b>BOOK CLUB</b> "The Abundance"</p> <p>8:00 Walking Tape 10:00 Knitting Noon Lunch Bunch 12:30 Keep Moving 1:00 Cards and Bingo 1:30 Book Club</p> <p><b>MENU:</b> Knockwurst &amp; Sauerkraut</p>	<p><b>28</b> 9:30 Zumba Gold 10:00 Nurse 10:45 Yoga with Vee Noon Lunch Bunch 1:00 Cards and Bingo 1:30 Brain Games w/OT Students 4:30 Tai Chi</p> <p><b>MENU:</b> Chicken Ratatouille</p>	<p><b>MARCH 1</b> 8:00 Tai Chi 9:00 Guitar 10:00 Crafts with Barbara 10:30 Choral group Noon Lunch Bunch 12:30 Arthritis Balance 1:00 Cards and Bingo 1:30 Color with Me! 2:00 ACTING!</p> <p><b>MENU:</b> Sesame Baked Flounder</p>	<p><b>2</b> 8:00 Aerobics 9:00 Pick Up Bridge 9:00 Grocery Shopping 9:30 Bridge Lessons Noon Lunch Bunch 12:15 Yoga- Mat 1:00 Cards and Bingo 1:30 Yoga-Chair 3:00 Jewelry</p> <p><b>MENU:</b> Beef Burgundy</p>	<p><b>3</b> 8:00 Walking Tape 9:00 Mah Jong 10:00 Chess 10:30 Coffee &amp; Conversation Noon Lunch Bunch 1:00 Cards and Bingo 2:00 Art Workshop 3:00 Winter Social</p> <p><b>MENU:</b> Cheese Lasagna</p>

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**2:30 to 4pm at the Pleasantville Library**

**Friday, FEB. 10<sup>th</sup>**  
**The Jazz Pioneers**  
Enjoy an afternoon of Jazz with students of P'ville  
Date: Feb. 10<sup>th</sup>  
Time: 12:30, right after lunch with Bingo to follow