



Village of Pleasantville Recreation and Parks Department

Fall Activities Brochure 2016

Mark Your Calendar! ***Upcoming Special Events***

Window Painting
Saturday, **October 15**

Ragamuffin Parade
Saturday, **October 29**

Community Sing Along &
Lighting Ceremony
Wednesday, **November 30**

ONLINE REGISTRATION Begins Saturday, September 10, 2016

Please refer to inside front cover for online registration process

Walk-in and online registration begins Saturday, September 10 9:00 a.m. - 12:00 noon at Recreation Center
Registration for the Adult 55 and older programs is ongoing at the Clinton Street Center

**Village of Pleasantville
Recreation Department
48 Marble Avenue
Pleasantville, NY 10570
914-769-7950**

**Recreation Department
Online Registration Process
*Begins Saturday, September 10 at 9:00 a.m.***

The Recreation Department has an on line registration process for all Recreation programs. Capturepoint's "Community Pass" program is designed to expedite and streamline the registration for our users. Below are brief instructions on how to access the online system:

- 1. Log on to <https://register.communitypass.net/VillageofPleasantville> and create your profile now.**
- 2. Click on "Create an account for your family now"**
- 3. Complete the account information and click submit**
- 4. Click on "Register Now" to begin registering for programs**

Follow the instructions on the resulting pages to add individuals to your family account and register for all programs available from Pleasantville Recreation Department. Depending on the age, grade or gender of the members of your family account, the system will display the programs that each family member is eligible for (i.e., an 8 year old will be eligible for Summer Camp, but not Adult Open Gym.)

Please check our website at **www.pleasantville-ny.gov** and flyers distributed through the School District for dates and times. Please call the telephone number above for more information. We look forward to seeing you soon!

Please note:

If you are waitlisted for a class and space becomes available we will notify you by e-mail. Follow the link in the e-mail to register. You will have three days to register for the class after you receive the e-mail notification.

If you fail to register for the class within the three day period we will assume you are no longer interested in the class. You will then be removed from the waiting list so we can offer this class to the next person on the list.

Fall Activities Brochure 2016

Our Commitment To You

Your satisfaction is our goal. The Pleasantville Recreation Department seeks to provide high quality, diverse and well-planned recreational programs for the entire community. It is the department's goal to make your recreation experience an enjoyable one.

We Are Looking For A Few Good People

The Pleasantville Recreation Department is continuously looking for new and innovative talent. If you possess a skill and the ability to teach it, send us your resume and a proposal and we will be glad to speak with you.

Register Early

Nothing cancels programs more than waiting until the last minute to sign up. Programs require advance planning, staffing and the purchasing of supplies, so keep this in mind when registering. **REGISTER EARLY!**

Registration

Fall walk-in registration will begin on Saturday, September 10 from 9:00 a.m. – 12:00 noon at the Recreation Center 48 Marble Avenue and will continue Monday thru Friday 8:30 a.m. to 3:30 p.m.

On-line registration begins at 9:00 a.m. on September 10 and is on-going.

Registration is on a first-come, first-served basis.

Due to the popularity of our programs you will be permitted to register for your family only.

You must be 18 years old or older to register for a program.

Senior Citizen registration is on going at the Clinton Street Center.

Fees

Checks made payable to the **Village of Pleasantville**

VISA and Master Card Accepted

No Cash Accepted

Refunds

Refunds will be made only when a class is cancelled due to insufficient enrollment.

The participant assumes the risk of all changes in personal and business affairs.

Credit Card refunds will be refunded back to your credit card.

Any refund request will be reviewed individually and will, if granted, be prorated and subject to a \$20.00 administrative processing fee.

Programs

Programs are open to the Village of Pleasantville and School District residents first.

Only those registered in the class will be permitted to attend. Residents residing outside the district may register, space permitting, for most programs one week after registration begins and pay an additional \$10.00 fee per program.

Program Cancellations

Inclement weather cancellations will be announced on WHUD and on the Recreation answering machine, 769-7950. School District cancellations or early dismissal due to weather will automatically cancel all Recreation Programs.

Insurance

The Village of Pleasantville does not carry insurance to cover hospitalization or medical costs of persons injured during participation or spectating at any Parks and Recreation programs.

All participants enter programs at their own risk.

Phone Numbers

Recreation Office – 769-7950

Joni Ehrlich, Director of Senior Citizen Services – 769-2021

Parks Department – 769-6740 or 769-3883

Pre-School Activities

Little Acorns Arts & Crafts 8 Sessions

Location: Recreation Center
Dates: Thursday, September 29
October 6, 13, 20, 27
November 3, 10, 17

Time: 1:00 p.m. – 2:00 p.m.
Ages: 3 - 5 years old
Fee: \$115.00

Instructor: Jeanne Bordin

Let's celebrate Autumn! Your little ones will love exploring all the wonders of the changing season with Fall and nature themed crafts. Story time sessions inspired by the beauty of the season are an added bonus. (drop off class.)



Miss Patti's Art Smart 8 Sessions

Location: Recreation Center
Dates: Friday, September 30,
October 7, 14, 21, 28
November 4, 18, December 2
(no class November 11 & 25)

Time: 10:00 a.m.–11:00 a.m.
Ages: 2 - 4 years old
Fee: \$115.00

Instructor: Patti Hupp

Picasso & Pavarotti...Mozart & Monet...Each week children will listen to classical music as they discover a famous artist and create a masterpiece. Then it's on to making their own music in this fun-filled hour. This is a drop off class, but caregivers may share in the fun!



Music & Motion 8 Sessions

Location: Recreation Center
Dates: Tuesday, September 27
October 18, 25
November 1, 8, 15, 22, 29
(no class Oct. 4 & 11)

Time: 9:30 a.m. – 10:15 a.m.
Ages: 12 months - 24 months
Fee: \$115.00

Instructor: Nancy Bayer

A combination of songs, movement and parachute time will entice your toddler and you to join in the fun as we sing, dance, play with balloons, colorful scarves, hula-hoops and much more. Don't forget bubble time too! Parents/guardians must attend.



Ballet & Jazz 8 Sessions

Location: Recreation Center
Dates: Thursday, September 29,
October 6, 13, 20, 27
November 3, 10, 17

Time: 5:15 p.m. – 6:00 p.m.
Ages: 4 - 5 years old
Fee: \$90.00

Instructor: Lauren Gualdino

A great program for children who want to learn the basics of ballet & jazz.



Zumba for Babies and Tots 8 Sessions NEW

Location: Recreation Center
Dates: Thursday, September 29
October 6, 13, 20, 27
November 3, 10, 17

Time: 9:30 a.m. – 10:15 a.m.
Ages: 1 – 3 years old
Fee: \$115.00

Instructor: Peggy Raiskums

Peggy is a licensed Zumba Kids Jr. instructor. This 45 minute class for parent/caregiver and child is a wonderful fun approach to get active together encouraging a healthy lifestyle. Age appropriate music is used to help children learn to love moving their bodies and dance by breaking it down to their own rhythm. Singing, simple games and activities will amuse, delight and stimulate your child benefiting their cognitive, emotional and social development. A CD of class songs for home use paid directly to instructor is \$7.00.



Cooking with Jeanne 8 Sessions

Location: Recreation Center
Dates: Monday, September 26
October 17, 24, 31
November 7, 14, 21, 28
(no class Oct. 3 & 10)

Time: 1:30 p.m. – 2:30 p.m.
Ages: 3 - 5 years old
Fee: \$115.00

Instructor: Jeanne Carney

Children are introduced to cooking with natural ingredients. Projects are simple and geared toward enjoying all the sensations that this experience offers.



You Snooze, You Lose...

Nothing kills a good program quicker than waiting until the last minute to register for it! Registering at the last minute may mean that the program has already been filled or cancelled due to lack of enrollment.

PLEASE REGISTER EARLY!

Youth Activities

Back to School McDonalds/Bingo

Location: Recreation Center

Date/Grade:

Friday, September 16/1st & 2nd

Friday, September 23/3rd & 4th

Time: 5:00 p.m. – 7:00 p.m.

Fee: \$20.00

Enjoy the night out with your friends, play bingo and win some great prizes. Pre-register or program may be cancelled due to lack of enrollment.

Tennis

6 Sessions

Location: Foxwood Tennis Courts

Dates: Sundays, September 25,

October 2, 16, 23, 30

November 6

(no class October 9)

Time: Beginner – 10:00 a.m. -11:00 a.m.

Intermediate – 11:00 a.m. – 12:00 p.m.

Ages: 8 – 12 years old

Fee: \$105.00

Instructor: USTPA Pro

Learn the forehand, backhand, volley and how to serve.



Pizza/Movie Night

Location: Recreation Center

Date/Grade:

Friday, September 30 – 1st & 2nd

Friday, October 7 – 3rd & 4th

Friday, December 9 – 1st & 2nd

Friday, December 16 – 3rd & 4th

Time: 5:00 p.m. – 7:00 p.m.

Fee: \$15.00

Come enjoy a slice of pizza and watch a movie with your friends.



Kindergarten Pajama Movie Night

Location: Recreation Center

Date: Friday, October 21

Time: 5:00 p.m. – 7:00 pm

Grade: Kindergarten

Fee: \$15.00

Instructor: Staff

Come in your PJ's & watch a movie with your friends! Pizza and drinks provided.



Parents Night Out

Location: Recreation Center

Date: Friday, December 2

Time: 5:00 p.m. – 8:00 p.m.

Grades: Kindergarten, 1st & 2nd

Fee: \$20.00 per child

Drop your kids off while you enjoy an evening out on your own. The children will enjoy a video, a craft activity and make pretzels to take home. Pizza and drinks will be served!



Pizza Bingo

Location: Recreation Center

Date/Grade:

Friday, November 4 – 1st & 2nd

Friday, November 18 – 3rd & 4th

Time: 5:00 p.m. – 7:00 p.m.

Fee: \$20.00

Come play bingo and win some great prizes. Pre-register or program will be cancelled due to lack of enrollment.



Halloween Party

Location: Clinton Street Center

Date: Friday, October 28

Time: 5:30 p.m. – 8:00 p.m.

Grades: 1st, 2nd & 3rd

Fee: \$20.00

Join in our Halloween Fun Night of games, craft and a video. Pizza and snacks will be served.



Family Bingo Bonanza

Location: Recreation Center

Date: Friday, October 14

Grades: Kindergarten – 3rd

Time: 5:00 p.m. – 7:00 p.m.

Fee: \$10.00 per person

Come play bingo with your family.

Pizza and snacks included.

BINGO				
36	5	18	57	10
48	12	62	20	32
13	44	6	59	
28	1	67	30	42
73	14	55	8	19

Bake & Decorate Thanksgiving Cookies

Location: Recreation Center

Date: Saturday, November 19

Grade: 3rd & 4th

Time: 10:00 a.m. – 12:00 p.m.

Fee: \$25.00

Instructor: Staff

Bake and decorate holiday cookies.

Pizza and drink included.



Kindergarten Meet & Greet

Location: Parkway Field/Recreation Center

Date: Wednesday, September 7

Time: 1:00 p.m. – 2:00 p.m.

Fee: \$10.00

Instructor: Staff

Enjoy some fun sports activities on Parkway Field and refreshments in the Recreation Center with your new classmates. NO ON-LINE Registration for this program. Please register in office ASAP.

Safe on My Own

Location: Recreation Center

Date: Wednesday, October 19

Time: 4:00 p.m. – 6:00 p.m.

Grades: 3rd – 5th

Fee: \$30.00

Instructor: Joe Pepe

This class will teach your children the safety measures of what to do when home alone.



Special Events

Halloween Window Painting

Location: Downtown Area
Date: Saturday, October 15
Time: 10:00 a.m. – 2:00 p.m.
Ages: Grades 2 – 8
Fee: \$10.00



Paint Halloween themes on windows around the village. Every participant receives a prize. Register at the Recreation Department beginning Wednesday, October 5.

Ragamuffin Parade & Harvest Day

Location: Bedford Road School
Memorial Plaza
Date: Saturday, October 29
Time: 10:30 a.m. – Line up BRS
11:00 a.m. – Parade Begins



Ages: All
Parade begins at BRS and ends in Memorial Plaza. Pumpkin decorating, rides, and entertainment.

Letters to Santa

Please drop off your letters at the Mt. Pleasant Library or the Rec. Center beginning Monday, November 21. Address your envelope to 'Santa Claus, North Pole.' No postage necessary. All letters dropped off before Friday, December 16 will be answered. Please include your return address.



Community Sing-Along and Lighting Ceremony

Location: Manville & Great Oak Lane
Date: Wednesday, November 30
Time: 7:00 p.m.



Co-sponsored with the Fancher American Legion Post 77 and the Pleasantville Chamber of Commerce. Come enjoy holiday music classics.

Bake & Decorate Holiday Cookies

Location: Clinton Street Center
Date: Saturday, December 10
Time: 10:00 a.m. – 12:00 pm
Grades: 1st – 3rd grade
Fee: \$25.00
Instructor: Staff



Bake and create some holiday cookies. Pizza and drink will be provided.

Decorate Your Own Gingerbread House

Location: Recreation Center
Date: Saturday, December 17
Time: 9:00 a.m. – 11:00 a.m.
Grades: K – 4
Fee: \$50.00
Instructor: Staff



Create your own special Gingerbread House to bring home for the holiday. Cookies and drink will be provided. Space Limited!

Candy Kiss Guess Contest

Stop by the Recreation Center to guess how many chocolate kisses are in the jar! Contest begins December 1 and ends of December 21.

2016 – 2017 Dads Club Registration

Registration For All Dad's Club Programs

Pleasantville Dad's Club offers a multitude of recreational sports programs for the youth of the Pleasantville Schools District.

Please visit our website at:

www.pleasantville dadsclub.com

for information on all our programs
and to register for the upcoming season.



After School Activities at Bedford Road School

The Pleasantville Recreation Department offers an After School program at the Bedford Road School from 3:00 p.m. to 4:00 p.m. on Monday, Tuesday, Wednesday and Thursday. **You may register for After School classes on line beginning Saturday, September 10 at 9:00 a.m. You may also register in person between 9:00 a.m. - 12:00 noon on Saturday, September 10 at the Recreation Center.**

Chess Club

Location: Bedford Road School
Grades: **1st- 4th**
Dates: Tuesdays, September 20, 27, October 18, 25, November 1, 8, 15, 22
(No Class October 4 & 11)
Fee: **\$80**
Instructor: Jacob Stockel
Come enjoy the game of chess. In the chess club you will learn the basics of the game and have some fun.



Geology Rocks **NEW**

Location: Bedford Road School
Grades: **3rd & 4th**
Dates: Monday, Sept 19,26, Oct 17, 24, 31, Nov 7, 14, 21
Fee: **\$95**
Instructor: Francesca Varga
Hands on science activities that teach geology thru projects and games. Kids will learn about fossils, crystals, minerals, volcanoes, earthquakes and more.



Chocolate Club

Location: Bedford Road School
Grades: **1st & 2nd**
Dates: Tuesday, September 20, 27, October 18, 25, November 1, 8, 15, 22
(No Class October 4 & 11)
Grades: **3rd & 4th**
Dates: Wednesday, September 21, 28, October 5, 19, 26, November 2, 9, 16
(No Class October 12)
Grade: **Kindergarten**
Dates: Thursday, September 22, 29, October 6, 13, 20, 27, November 3, 10
Fee: **\$95**
Instructor: Chrissie Moses
Children will have the opportunity to make many tasty treats such as lollipops, chocolate drops, chocolate covered pretzels and more.



Busy Bee Crafts

Location: Bedford Road School
Grade: **Kindergarten**
Dates: Tuesdays, September 20, 27, October 18, 25, November 1, 8, 15, 22
(No Class October 4 & 11)
Fee: **\$95**
Instructor: Jeanne Bordin
Children will have fun expressing their creativity while making a variety of Autumn themed crafts. Story time session inspired by the beauty of the season are an added bonus.



Cotton Candy Cards

Location: Bedford Road School
Grades: **1st - 3rd**
Dates: Wednesday, September 21, 28, October 5, 19, 26, November 2, 9, 16
(No Class October 12)
Fee: **\$95**
Instructor: Jeanne Bordin
Mix and Match some fancy paper decorative trinkets and a variety of unusual textiles. Add some fun as your child expresses their imagination and creativity to make one of a kind greeting cards for family and friends.



Crazy for Crafts

Location: Bedford Road School
Grades: **1st & 2nd**
Dates: Thursday, September 22, 29, October 6, 13, 20, 27, November 3, 10
10Fee: **\$95**
Instructor: Jeanne Bordin
Students will love exploring their artistic talents while making an assortment of crafts inspired by Autumn. Their handmade treasures are sure to make you smile.



After School Activities at Bedford Road School

Fall Science Club

NEW

Location: Bedford Road School
Grades: **1st & 2nd**
Dates: Tuesday, September 20, 27,
October 18, 25,
November 1, 8, 15, 22
(No Class October 4 & 11)
Fee: **\$95**
Instructor: Francesca Varga
Pumpkins, apples, bats, spiders, owls and leaves.
Make fall exciting with a mix of fall themed science activities.



Dinosaur Club

Location: Bedford Road School
Grade: **Kindergarten**
Dates: Wednesday, September 21, 28,
October 5, 19, 26,
November 2, 9, 16
(No Class October 12)
Fee: **\$95**
Instructor: Francesca Varga
Little paleontologists will learn about dinosaurs with a stomp and a roar. Fossils to footprints, fun activities will help grow their imagination.



Story Time Art

Location: Bedford Road School
Grade: **Kindergarten**
Dates: Monday, September 19, 26,
October, 17, 24, 31,
November 7, 14, 21
(No Class October 3 & 10)
Fee: **\$95**
Instructor: Jacqueline D'Arco
Each week a story will be read, written by an author/illustrator of children's books. Students will create an original artwork based on their style



Youth Sports

Location: Bedford Road School
Grades: **1st & 2nd**
Dates: Monday, September 19, 26,
October, 17, 24, 31,
November 7, 14, 21
(No Class October 3 & 10)
Fee: **\$80**
Instructor: Tom Micucci & Mike Newman
Come enjoy a variety of sports. Children will run around with their friends playing games like kickball, basketball, soccer and more.



Animal Art Adventures

Location: Bedford Road School
Grades: **1st & 2nd**
Dates: Wednesday, September 21, 28,
October 5, 19, 26,
November 2, 9, 16
(No Class October 12)
Fee: **\$95**
Instructor: Ruth Chapman
Come and enjoy the fun, creative and easy to learn sport. In Jump to It students will improve balance, coordination and endurance while strengthening bones. Be ready to learn cool new tricks and variations. All levels are welcome!



Gaelic Football

Location: Bedford Road School
Grades: **Kindergarten - 4th**
Dates: Wednesdays, September 21, 28,
October 5, 19, 26,
November 2, 9, 16
(No Class October 12)
Fee: **\$80**
Instructor: Simon Gillespie,
NY Gaelic Athletic Association
Gaelic Football combines multiple sports in a safe enjoyable manner. The game itself is a combination of basketball and soccer and has many easily transferable skills from other sports.



TURBO KIDS

Location: Bedford Road School
Grades: **1st - 4th**
Dates: Thursdays, September 22, 29,
October 6, 13, 20, 27,
November 3, 10
Fee: **\$80**
Instructor: Tom Micucci
This high energy activity class combines weekly fitness concepts taken from the BOKS program with their favorite movement games not played in PE Class.. The children will have a blast while staying active and learning new concepts.



After School Activities at Bedford Road School

Rocket Sciences

Location: Bedford Road School
Grades: **3rd & 4th**
Dates: Tuesdays, September 20, 27,
October 18, 25,
November 1, 8, 15, 22
(No Class October 4)

Fee: **\$95**
Instructor: Valerie Wiebke

Have you ever dreamed of building a rocket and having it soar through the air? You will explore the amazing science of rockets and create, enhance, and launch your very own.



Floor Hockey **NEW**

Location: Bedford Road School
Grades: **2nd - 4th**
Dates: Tuesday, September 20, 27,
October 18, 25,
November 1, 8, 15, 22
(No Class October 4 & 11)

Fee: **\$80**
Instructor: Tom Micucci

We introduce Floor Hockey to the Pleasantville community for the first time. Using Styrofoam sticks and a soft ball, the children will participate in skill stations and game play each week. The goal is for the children to learn the basic skills of hockey and enjoy some friendly game situations, possibly including age appropriate "tournament style" competitions.



The Wandering Little Fingers

NEW

Location: Bedford Road School
Grades: **2nd – 4th**
Dates: Wednesdays, September 21, 28,
October 5, 19, 26,
November 2, 9, 16
(No Class October 12)

Fee: **\$80**
Instructor: Tina Iannotti

Students will become familiar with the use and function of computer keyboard. Students will interact with online programs to practice keyboarding. The goal is to become comfortable with your finger position on the home row keys in using the keyboard effectively.



Animal Art Explorers

Location: Bedford Road School
Grades: **3rd & 4th**
Dates: Thursdays, September 22, 29,
October 6, 13, 20, 27,
November 3, 10

Fee: **\$95**
Instructor: Ruth Chapman

Each week we'll read a picture book about animals, then create art inspired by the illustrations. Students will explore different art materials and techniques.



Art Club **NEW**

Location: Bedford Road School
Grades: **1st & 2nd**
Dates: Tuesdays, September 20, 27,
October 18, 25,
November 1, 8, 15, 22
(No Class October 4 & 11)

Fee: **\$95**
Instructor: Erica Siciliano

Students will create a new project each week using a variety of art techniques including clay, cray-pas, watercolor, chalk and pencils.



US Sports Institute Pre School Programs

TOTAL SPORTS - Parent & Me Squirts 6 Week Program

Location: Parkway Field / Recreation Center

Dates: Mondays, September 26,
October 17, 24, 31,
November 7, 14.
(No Class October 3, 10)

Time: 9:30am – 10:15am

Ages: 2-3 year olds

Fee: \$110

Instructor: **US Sports Institute**

With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including soccer, lacrosse, T-ball, basketball, floor hockey and flag football.



TOTAL SPORTS - Squirts 6 Week Program

Location: Parkway Field / Recreation Center

Dates: Mondays, September 26,
October 17, 24, 31,
November 7, 14.
(No Class October 3, 10)

Time: 11:45am – 12:45pm

Ages: 3-5 year olds

Fee: \$110

Instructor: **US Sports Institute**

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey and Flag Football. All sports are taught in a safe, structured and fun learning environment.



Soccer Squirts NEW 6 Week Program

Location: Parkway Field / Recreation Center

Dates: Mondays, September 26,
October 17, 24, 31,
November 7, 14.
(No Class October 3, 10)

Time: 10:30am- 11:30am

Ages: 3-5 year olds

Fee: \$110

Instructor: **US Sports Institute**

Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Players will be taught through structured activities, fun games and scrimmages.



Adult Activities

Tennis

6 Sessions

Location: Foxwood Tennis Courts
Dates: Sunday, September, 25
October 2, 16, 23, 30,
November 6
(no class October 9)
Time: Beginner – 8:00 a.m. – 9:00 a.m.
Intermediate – 9:00 a.m. – 10:00 a.m.
Ages: Adult
Fee: \$105.00
Instructor: USPTA Pro
Learn the forehand, backhand and volley. Learn the basics of strategy and how to serve.



Classical Hatha Yoga 8 Sessions

Location: Recreation Center
Dates: Monday, September 26,
October 17, 24, 31
November 7, 14, 21, 28
(no class October 3 & 10)
Time: 6:30 p.m. – 7:30 p.m.
Ages: 18 and over
Fee: \$110.00
Instructor: Kim Jones
Yoga is a science and non-sectarian in nature. Gentle beginners/intermediate Yoga/Pranayamas (breathing techniques and meditation.) Asanas (postures) synchronized with breath can energize and balance the mind. Yoga will promote good health increasing oxygen and blood circulation to vital organs and muscles, as well as the nervous system. Feelings of tranquility can be increased with practice. Bring yoga mat and blanket.



20/20/20

10 Sessions

Location: Recreation Center
Dates: Monday, September 26
October 17, 24, 31
(no class October 3 & 10)
November 7, 14, 21, 28,
December 5, 12
Time: 7:45 p.m. – 8:45 p.m.
Ages: Adult
Fee: \$150.00
Instructor: Michelle Saccurato
Combine 20 minutes of aerobics, 20 minutes of weights and 20 minutes of core stretch. Sweat, slim down, lose pounds and feel terrific. Please bring your own weights and water.



Men's Basketball 30 & Over Open Gym

Ages: Adult
Dates: Tuesday, November 1 – May 30
Time: 8:30 p.m. – 10:00 p.m.
Ages: 30 & Over
(RESIDENTS ONLY)
Fee: \$85 for entire season
You must pre-register for this program.
No walk-ins allowed!
SPACE IS LIMITED!



Pilates Ring 10 Sessions

Location: Recreation Center
Dates: Thursday, September 29,
Oct. 6, 13, 20, 27
November 3, 10, 17,
December 1, 8
(no class November 24)
Time: 8:00 p.m. – 9:00 p.m.
Ages: Adult
Fee: \$150.00
Instructor: Michelle Saccurato
Pilates is an excellent method for improving core strength, alignment, flexibility and mind-body awareness. Rev up the Pilates experience using a weighted ring for added resistance. Rings will be supplied. Please bring your own mat and towel.



Paint Escape Pleasantville NEW

Location: Recreation Center
Date: Sunday, November 6
Time: 3:00 p.m. – 6:00 p.m.
Ages: Adult
Fee: \$35.00
Instructor: Nando
Escape with your friends or spouse and join us for a fun time creating your own masterpiece. No artistic ability required! Bring your favorite beverage and we will provide the cheese, crackers and dessert. All supplies are included!



The Clinton Street Center

The Village of Pleasantville Senior Citizen Programs & Services

1-A Clinton Street • Pleasantville, NY
914-769-2021 • clintonstreetcenter@gmail.com

The Clinton Street Center is a site of many diversified activities, events, programs and services for older adults, 55 years and above, and their friends and family members who may need advice or guidance. We are located on Clinton Street, between Tompkins and Wheeler Ave, one block from the Pleasantville Village Hall and are accessible by public transportation.

Mission Statement

The Clinton Street Center caters to the philosophy of wellness of “Mind-Body-Spirit” in providing cultural, recreational, educational, health and social activities for adults age 60 and over in Pleasantville and the surrounding area. The purpose of the center is to reaffirm the dignity and value of the older adults in the community by providing an opportunity to participate in a wide variety of activities, share talents and experiences and to socialize with ones’ peers. Furthermore, it is of the utmost importance for the existence of such centers to promote an appropriate level of independence, to prevent isolation, loneliness and a lack of purpose. Ultimately, we strive to respond to the growing and changing needs of our aging population.

Services

The Village of Pleasantville provides programs and services through the Clinton Street Center. Please contact the Director, Joni Ehrlich, for information, referral and support services.

Membership

There are no dues to be a participant at the Clinton Street Center. To join in, all one has to do is be present and complete a simple form. Stop in once in a while, once a week or every day and –VOILA! You have become a participant. Due to the large number of active older adults in our community, we do not have regularly scheduled mailings of our programs and events. We encourage you to visit us at the Clinton Street Center at the beginning of the month for a calendar and our bi-monthly newsletter.



Want the latest information on the Clinton Street Center?

Come in and Get our latest calendar and Newsletter or go to:
<http://www.pleasantville-ny.gov> and click on the Clinton Street Center

Recreational Programs for Mind – Body – Spirit

MIND



Classes that challenge the mind and the spirit are offered throughout the year. We collaborate with Westchester Community College: Mainstream and Pace University. Classes are offered in: **Creative Writing, Jazz, Poetry, History and Art. We have groups for Chess, Mah Jong, Bridge, Veterans as well as Historians.**



BODY

The Fit and Fabulous Program at the Clinton Street Center believes that fitness can be fun and beneficial at the same time. The effort to participate is small but the benefits to one's general health and feelings of well-being are beyond measure! Classes offered include: **Yoga, Aerobics', Tai Chi, Pilates: Core and More, Arthritis, Balance, Walking and Meditation.**



SPIRIT

Social Programs offer a great opportunity to meet others and share past experiences while creating new ones. These include but are not limited to: **Pizza and Movie nights, Dinner and Lunch on the town, Acting, Reminiscing, Theater Goers, Knitting, Gardening, Painting and a variety of crafts.**



In addition we have several day trips throughout the year as well as Special Programs, Holiday Celebrations, and Intergenerational Experiences.



Nutrition Program

The Clinton Street Center serves a nutritionally balanced, full course meal Monday to Friday at Noon. The Westchester County Department of Senior Programs and Services nutritionists prepare a monthly menu for all participating sites to follow and the Village of Pleasantville graciously subsidizes the program in our center. All of the meals meet 1/3 of the recommended daily allowance (RDA). The goal of the nutrition program for active adults is to provide well balanced meals, foster social interaction and provide access to other supportive services available to our seniors. Family, friends and caregivers of participants are also welcome to join us at the center. We currently offer a take-out service and have sandwich and salad options available at the noon meal.

Eligibility: 60 years +
Fee: \$5.00 per meal, eat in or take out
Time: Check in and be seated by 11:45 a.m., meal service begins at noon.
Reservations: Please let us know you will be joining us by 9am the day of.



Home Delivered Meal:

The Clinton Street Center delivers a nutritionally balanced, full course meal 7 days a week to Pleasantville residents who are unable to prepare a meal and/or grocery shop on their own. This program does require a physician's consent and delivery agreement. Please contact the Clinton Street Center for an application and additional information. The Westchester County Department of Senior Programs and Services nutritionists prepare a monthly menu for all participating sites to follow and the Village of Pleasantville graciously subsidizes the program in our center. All of the meals meet 1/3 of the recommended daily allowance (RDA).

Eligibility: 60 years +
Fee: \$5.00 per meal

Transportation

The Clinton Street center offers a variety of transportation services.

Transportation for Grocery Shopping

This is an escorted weekly shopping van with door to door service and assistance with packages provided.

Date: Thursdays



Transportation for About Town

The Van is available Monday to Friday and can take seniors anywhere within the village and to the Thornwood Shopping Center. This is available by appointment and is subject to availability.



Transportation for Medical Appointments

The Clinton Street Center has a volunteer medical escort program where we have community volunteers offer to transport seniors to medical appointments. This service is free of charge and subject to availability.



Transportation for Center's Activities

The Clinton Street Center offers transportation to many of our center activities and to our daily nutrition program. Ask us about transportation to the programs you want to be part of.



Suggestions?

- **Have a question about a particular subject?** Call us to book an authorized person to discuss it at as part of our monthly Speaker and Breakfast or our Evening Speaker series!
- **Want a hobby of yours to turn into a new activity?** Ask us to start a new weekly or monthly program.
- **Heard of a great trip you think would be fun and others would enjoy?** Tell us what you would like and we will work our hardest to make it happen.

We Always Welcome Suggestions!

***Want the latest information from
the Recreation Department?
Sign up for e-mail blasts!***

**Go to <http://www.pleasantville-ny.gov/subscriber>
and register to receive updates on all programs!**

Village of Pleasantville

Department of Parks & Recreation Facilities

Main Office

Recreation Center

48 Marble Avenue
Hours: Monday - Friday, 8:00 a.m. – 4:00 p.m.

Clinton Street Center

1 A Clinton Street
Senior Citizen Nutrition
Senior Outreach Department
Hours: Monday - Friday, 8:00 a.m. – 4:00 p.m.

Nannahagan Park

Lake Street
Playground Equipment, Walking Trail,
Basketball Courts, Pond For Fishing

Soldiers & Sailors Park

Manville Road & Clark Street
Playground Equipment, Baseball, Softball,
Soccer, Football and Lacrosse Field,
Restrooms

Parkway Field/Farrow's Field

Marble Avenue
Baseball, Softball, Soccer,
Football and Lacrosse Field

Roselle Park

Roselle Avenue
Playground Equipment
Baseball and Soccer Field
Basketball Court

Tennis Courts

Route 117 & Campus Drive
At Foxwood Condominiums

Pleasantville Pool

Lake Street
Main Pool, Wading Pool, Concession Stand
and Playground Equipment

Recreation Center Facility Usage

The Recreation Center activity room is
available for rental. Application available
in Recreation Center.

PLEASANTVILLE VILLAGE BOARD

Mayor

Peter Scherer

Trustees

Mindy Berard, Steven Lord, Joseph Stargiotti, Colleen Griffin Wagner

Village Administrator

Patricia Dwyer

Recreation Staff

Linda Bellofatto, Superintendent
Debbie Nava, Sr. Office Assistant
Michael Newman, Recreation Supervisor
Mindy Rodgers, Recreation Assistant
Joni Ehrlich, Director of Senior Citizens
Mary Petry Gerlanc, Senior Citizen Office Assistant

Parks & Recreation Advisory Board

Lori Shay, Chairperson

Armand D'Angelo
Dan McPhee
Dan Merritts
Joseph Ruhl
Geraldine Stapleton
Petro Zorgman

Recreation Office Hours: 8:00 a.m. – 4:00 p.m. Monday – Friday

**Village of Pleasantville
Recreation & Parks Department**
48 Marble Avenue
Pleasantville, NY 10570

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Fall 2016 Activities
Fall Program Registration
Begins Saturday, Sept. 10, 2016
9:00 a.m. – 12:00 noon

ECRWSS

Postal Resident