

Village of Pleasantville
Recreation and Parks Department

Fall Activities Brochure 2014

Mark Your Calendar!
Upcoming Special Events

Window Painting, Saturday, October 18

Ragamuffin Parade, Saturday, October 25

Community Sing Along & Lighting Ceremony, Wednesday, December 3

Lunch With Frosty, Sunday, December 7



Registration For
The Adult 55 And Older
Programs Are Ongoing
At The Clinton Street Center

Walk-In Registration Begins
Saturday, September 6, 2014
9:00 a.m. – 12:00 noon at
Recreation Center

Fall Activities Brochure 2014

Our Commitment To You

Your satisfaction is our goal. The Pleasantville Parks and Recreation Department seeks to provide high quality, diverse and well-planned recreational programs for the entire community. It is the department's goal to make your recreation experience an enjoyable one.

We Are Looking For A Few Good People

The Pleasantville Recreation Department is continuously looking for new and innovative talent. If you possess a skill and the ability to teach it, send us your resume and a proposal and we will be glad to speak with you.

Register Early

Nothing cancels programs more than waiting until the last minute to sign up. Programs require advance planning, staffing and the purchasing of supplies, so keep this in mind when registering. **REGISTER EARLY!**

Registration

Fall registration will begin on Saturday, September 6 from 9:00 a.m. – 12:00 noon at the Recreation Center 48 Marble Avenue and will continue Monday thru Friday 8:30 a.m. to 3:30 p.m. Mail-in registrations will be accepted, see page 3. Registration is on a first-come, first-served basis. **Due to the popularity of our programs you will be permitted to register for your family only.** You must be 18 years old or older to register for a program. **Senior Citizen registration is on going at the Clinton Street Center.**

Fees

Checks only made payable to the **Village of Pleasantville** – No Cash Accepted

Refunds

Refunds will be made only when a class is cancelled due to insufficient enrollment. The participant assumes the risk of all changes in personal and business affairs. **Any refund request will be reviewed individually and will, if granted, be prorated and subject to a \$20.00 administrative processing fee.**

Programs

Are open to the Village of Pleasantville and School District residents first. Only those registered in the class will be permitted to attend. Residents residing outside the district may register, space permitting, for most programs one week after registration begins and pay an additional \$10.00 fee per program.

Program Cancellations

Inclement weather cancellations will be announced on WFAS, WHUD and on the Recreation answering machine, 769-7950. School District cancellations or early dismissal due to weather will automatically cancel all Recreation Programs.

Insurance

The Village of Pleasantville does not carry insurance to cover hospitalization or medical costs of persons injured during participation or spectating at any Parks and Recreation programs. All participants enter programs at their own risk.

Phone Numbers

Recreation Office – 769-7950
Joni Ehrlich, Director of Senior Citizen Services – 769-2021
Parks Department – 769-6740 or 769-3083

Mail-in Registration Information

THIS IS NOT THE LOTTERY FORM FOR THE BRS AFTERSCHOOL PROGRAM

The Recreation Department Offers Mail-in Registration For All Programs

Except Pool & Day Camp

Fall Walk – In Registration Begins Saturday, September 6

9:00 a.m. – 12:00 noon

All mailed-in program registrations forms will be processed on a random basis beginning Monday, September 8 and will continue on a daily basis with the walk-in registrations. Registrations received by mail will be processed the next morning. Incomplete registrations will be returned. Mail-in registration does not guarantee a space in a program. The Recreation Department cannot be responsible for lost or misdirected mail. A receipt will be mailed to you if you are accepted into the program. Otherwise, your check will be returned to you. On Saturday, September 6 walk-in registrations will be accepted at the Recreation Center, 48 Marble Avenue.

Pleasantville Recreation Department Registration Form
Please Make Check Payable To: Village of Pleasantville
Mail to: 48 Marble Avenue
Please Print Clearly

Name of Activity: _____
Day & Time of Class: _____
Fee: _____
Participant Name: _____
Address: _____
Age: _____ Grade: _____
Home Phone: _____ Cell Phone: _____
Emergency Contact: _____ Phone: _____
E-Mail Address: _____

Waiver: The undersigned hereby releases the Village of Pleasantville, its Board of Trustees, Employees and Volunteers there of any liability whatsoever in connection with any damages and/or injuries that the above named may sustain as a result of his/her participation in the program listed above sponsored by the Village of Pleasantville Recreation Department.

CK# _____ CASH _____
FEE: \$ _____
CASHIER: _____

Signature

Date

Pre-School/Youth Activities

Little Acorns

Location: Recreation Center
Dates: Monday, September 29,
October 6, 20, 27 (no class Oct. 13)
November 3, 10, 17
Time: 10:45 a.m. – 11:45 a.m.
Ages: 3 - 5 years old
Dates: Thursday, October 2, 9, 16, 23, 30
November 6, 13, 20
Time: 1:00 p.m. - 2:00 p.m.
Ages: 3 - 5 years old
Fee: \$100.00
Instructor: Jeanne Bordin

8 Sessions
NEW



Let's celebrate fall! Your little ones will explore all the wonders of the changing season with fall and nature inspired crafts. Story time sessions inspired by the beauty and curiosities of Autumn is an added bonus. **(drop off class)**



Music & Motion

Location: Recreation Center
Dates: Tuesday, September 30
October 7, 14, 21, 28
November 18, 25 (no class Nov. 4 & 11)
December 2
Time: 9:30 a.m. – 10:15 a.m.
Ages: 12 months - 24 months
Fee: \$90.00
Instructor: Nancy Bayer

8 Sessions



A combination of songs, movement and parachute time will entice your toddler & you to join in the fun as we sing, dance, play with balloons, colorful scarves, hula-hoops and much more. Don't forget bubble time too! Parents/Guardians must attend.

Creative Play

Location: Recreation Center
Dates: Tuesday, September 30, October 7, 14, 21, 28
November 18, 25, December 2
(no class Nov. 4 & 11)
Time: 10:30 a.m. – 11:30 a.m.
Ages: 24 months – 36 months
Fee: \$110.00
Instructor: Nancy Bayer

8 Sessions

Children and their caregiver will enjoy a combination of music and motion along with simple art/tactile experiences (coloring, sand with glue, painting, rice tablet, etc.) A snack will be provided.

Ballet & Jazz

Location: Recreation Center
Dates: Thursday, October 2, 9, 16, 23, 30
November 6, 13, 20
Time: 5:15 p.m. – 6:00 p.m.
Ages: 4 - 5 years old
Fee: \$80.00
Instructor: Lauren Gualdino
A great program for children who want to learn the basics of ballet & jazz.

8 Sessions



Miss Patti's Art Smart

Location: Recreation Center
Dates: Friday, October 3, 10, 17, 24, 31
November 7, 14, 21
Time: 9:45 a.m.–10:45 a.m. or 11:00 a.m.- noon
Ages: 2 through 4 years old
Fee: \$110.00
Instructor: Patti Hupp
Picasso & Pavarotti...Mozart & Monet...
Each week children will listen to classical music as they discover a famous artist and create a masterpiece. Then it's on to making their own music in this fun-filled hour. This is a drop off class, but caregivers may share

8 Sessions



Cooking with Jeanne

Location: Recreation Center
Dates: Monday, September 29
October 6, 20, 27, November 3, 10, 17, 24
(no class October 13)
Time: 1:00 p.m. – 2:00 p.m.
Ages: 3 through 5 years old
Fee: \$110.00
Instructor: Jeanne Carney
Children are introduced to cooking with natural ingredients. Projects are simple and geared toward enjoying all the sensations that this experience offers.

8 Sessions



Zumbini

Location: Recreation Center
Dates: Wednesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Time: 9:45 a.m. – 10:30 a.m.
Ages: 1 month to 3 years old
Fee: \$90.00
Instructor: Julie Burns
Join us for this fabulous class!!!
This program is where the science of child development meets the magic of Zumba. Caregivers and the children wiggle, sing and learn for the ultimate bonding experience! There is a \$35 material fee to be paid to instructor for book and CD's. By listening to the music at home the children become more familiar and this allows for a better overall experience. This program takes little ones on their first experience towards a healthy active life.

8 Sessions

Youth Activities

Back to School McDonalds/Bingo

Location: Recreation Center
Date: Friday, September 19
Grades: 1st & 2nd
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$15.00



Enjoy the night out with your friends, play bingo and win some great prizes. Pre-register or program may be cancelled due to lack of enrollment.

Tennis

6 Sessions

Location: Foxwood Tennis Courts
Dates: Sundays, September 28, October 5, 19, 26
November 2, 9 (no class 10/12)
Time: Beginner – 10:00 a.m. -11:00 a.m.
Intermediate – 11:00 a.m. – 12:00 p.m.
Ages: 8 – 12 years old
Fee: \$85.00
Instructor: USTPA Pro
Learn the forehand, backhand, volley and how to serve.



Pizza/Movie Night

Location: Recreation Center
Date/Grade: Friday, October 3 – 1st & 2nd Gr.
Date/Grade: Friday, November 7 – 3rd & 4th Gr.
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$10.00



Come enjoy a slice of pizza and watch a movie with your friends.

Kindergarten Pajama Movie Night

Location: Recreation Center
Date: Friday, November 14
Time: 5:00 p.m. – 7:00 pm
Grade: Kindergarten
Fee: \$10.00
Instructor: Staff
Come in your PJ's & watch a movie with your friends!
Pizza & drinks provided.



Parents Night Out

Location: Recreation Center
Date: Friday, December 5
Time: 5:00 p.m. – 8:00 p.m.
Grades: Kindergarten, 1st & 2nd
Fee: \$20.00 per child
Drop your kids off while you enjoy an evening out on your own. The children will enjoy a holiday video craft activity and make pretzels to take home. Pizza and drinks will be served!

Pizza Bingo

Location: Recreation Center
Dates/Grade: Friday, October 10 – 3rd & 4th
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$15.00



Come play bingo and win some great prizes. Pre-register or program will be cancelled due to lack of enrollment.

Halloween Party

Location: Clinton Street Center
Date: Friday, October 24
Time: 5:30 p.m. – 8:00 p.m.
Grades: 1st, 2nd & 3rd
Fee: \$20.00
Join in our Halloween Fun Night of games, pizza & a video. Pizza & snacks will be served.



Family Bingo Bonanza

Location: Recreation Center
Date: Friday, October 17
Grades: Kindergarten – 3rd
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$10.00 per person
Come play bingo with your family. Pizza & snacks included.



Bake & Decorate Thanksgiving Cookies

Location: Recreation Center
Date/Grade: Friday, November 21 - 3rd & 4th
Time: 4:30 p.m. – 7:30 p.m.
Fee: \$20.00
Instructor: Staff
Bake & decorate holiday cookies. Pizza & drink included.

Youth Open Gym

Location: Middle School Gym
Time: 7:30 p.m. – 9:30 p.m.
Date: Friday, Sept. 19, Oct. 17 & Nov. 7
Grades: 5th – 8th
Fee: \$5.00 (Snacks will be sold)
Instructor: Staff
Come play basketball or play board games!



Safe On My Own

Location: Recreation Center
Date: Tuesday, November 18
Time: 3:30 p.m. – 5:30 p.m.
Grades: 3rd – 5th
Fee: \$30.00
Instructor: Diane Stonis
This Red Cross class will teach your children the safety of what to do when home alone.

Special Events

Halloween Window Painting

Location: Downtown Area
Date: Saturday, October 18
Time: 11:00 a.m. – 3:00 p.m.
Ages: Grades 2 – 8
Fee: \$10.00



Paint Halloween themes on windows around the village. Every participant receives a prize. Register at the Recreation Department beginning Monday, Sept. 29.

Ragamuffin Parade & Harvest Day

Location: Bedford Road School
Memorial Plaza
Date: Saturday, October 25
Time: 10:30 a.m. – Line up BRS
11:00 a.m. – Parade Begins



Ages: All
Parade begins at BRS and ends in Memorial Plaza. Pumpkin decorating, rides, and entertainment.

Community Sing-Along and Lighting Ceremony

Location: Manville & Great Oak Lane
Date: Wednesday, December 3
Time: 7:00 p.m.



Co-sponsored with the Fancher American Legion Post 77 and the Pleasantville Chamber of Commerce. Come enjoy holiday music classics.

Holiday Lunch with Frosty

Location: Pleasantville Middle School
Date: Sunday, December 7
Time: 12:00 noon
Ages: 2 - 8 year olds
Fee: \$20.00



Enjoy pizza with Frosty! Entertainment by Annie and a gift for everyone.

Letters to Santa

Please drop off your letters at the Mt. Pleasant Library beginning Monday, November 24 or the Rec. Center. Address your envelope to Santa Claus North Pole. No postage necessary. All letters dropped off before Monday, December 15 will be answered. Please include your return address.



Decorate Your Own Gingerbread House

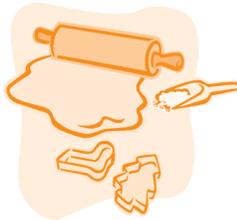
Location: Recreation Center
Date: Friday, December 19
Time: 5:00 p.m. – 7:00 p.m.
Grades: K – 4
Fee: \$55.00
Instructor: Staff



Create your own special Gingerbread House to bring home for the holiday. Pizza & drink will be provided. Space Limited!

Bake & Decorate Holiday Cookies

Location: Recreation Center
Date: Friday, December 12
Time: 4:30 p.m. – 7:30 pm
Grades: 1st – 3rd grade
Fee: \$20.00
Instructor: Staff



Bake & create some holiday cookies. Pizza & drink will be provided.

Candy Kiss Guess Contest

Stop by the Recreation Center to guess how many chocolate kisses are in the jar!!!! Contest begins December 1 and ends of December 19.

Kindergarten Meet & Greet

Location: Recreation Center/Parkway Field
Date: Wednesday, September 3
Time: 10:00 a.m. – 11:00 a.m.
Fee: \$10.00
Instructor: Staff

Enjoy some fun sports activities on Parkway Field and refreshments in the Recreation Center with your new kindergarten classmates. **SIGN UP ASAP**



YOU SNOOZE – YOU LOSE

Nothing Kills A Good Program Quicker Than Waiting Until The Last Minute To Register For It! Registering At The Last Minute May Mean That The Program Has Already Been Filled Or Cancelled Due To Lack of Enrollment.

PLEASE REGISTER EARLY!

Bedford Road After School Activities Lottery System

The Pleasantville Recreation Department offers an After School program at the Bedford Road School from 3:00 p.m. to 4:00 p.m. on Monday, Tuesday, Wednesday & Thursday. We have found the lottery system to be very successful as it has given all our residents a fair opportunity. The lottery form is available at the Recreation Department and on line at www.pleasantville-ny.gov. You will be able to choose one class for the lottery. Please bring or mail the lottery form to the Recreation Center by **Thursday, September 4 before 4:00 p.m.** The lottery will be drawn on Friday, September 5 and the results will be posted on line and at the Recreation Center. You may pay and register for the class you have been chosen for beginning **Saturday, September 6 from 9:00 a.m. – 12:00 noon or Monday thru Friday, September 8 – 12 from 8:00 a.m. – 4:00 p.m.** If you do not pay for the class by Friday, September 12 we will assume you are no longer interested in the class. Beginning Monday, September 15 you will be able to register for any classes that still remain open.

How to Register:

Registration forms are available at the Recreation Department and online for you to print. Please visit www.pleasantville-ny.gov to print a copy of the registration form. These forms need to be filled out completely. **Lottery forms may be mailed in, but must be received in our mail by Thursday, September 4.** You will not be included in the lottery if the form does not arrive by mail by Thursday, September 4.

Registration form must be dropped off or received in our mail before 4:00 p.m., Thursday, September 4. **No lottery forms will be accepted after 4:00 p.m. on September 4.**

How many choices do I get for classes?

Your child can choose one class for the lottery. Open registration begins on Monday, September 15 and you may choose additional classes on September 15.

When will I know that my child has been placed into a class?

The lottery will be drawn on Friday, September 5. On Friday, September 5 the lottery results will be posted at the Recreation Center and online at www.pleasantville-ny.gov.

How to pay for the class:

You have until **4:00 p.m. on Friday, September 12** to **pay and register** for that class. **Checks only, no credit cards accepted. You must register by September 12.** If anyone fails to register by the deadline we will assume you are no longer interested in the class and open the class to others. **YOU MAY REGISTER FOR YOUR CHILD ONLY.**



After School Activities at the Bedford Road School

Tennis Fun

Location: Bedford Road School
Dates/Grades: Thursday, October 2, 9, 16, 23
3rd & 4th November 6, 13, 20
December 4
(no class 10/30)
1st & 2nd Wednesday, Oct. 1, 8, 15, 22
Nov. 5, 12, 19, 26
(no class 10/29)
Fee: \$85.00
Instructor: Molly Burnett
Receive hands-on introduction to basic tennis skills. Work on the ground stroke, volley with a partner, learn to serve and conquer the overhand smash. Please bring your own tennis racquet.

Ken Ken

Location: Bedford Road School
Dates: Monday, September 29
October 6, 20, 27
November 3, 10, 17, 24
(no class October 13)
Grades: 3rd & 4th
Fee: \$75.00
Instructor: Peter Rogovin
Do you Ken-Ken? Ken-Ken is derived from the Japanese word for clever and solving a Ken-Ken does for your brain what a good workout does for your body. In this class, your kids will engage left and right sides of their brains to solve (and also create) Ken-Ken puzzles and will reinforce the math skills they are learning in class. As a special bonus, we will learn how to apply logic to solve other fun puzzles that will stump friends, parents and even teachers.

Rocket Science

Location: Bedford Road School
Dates: Thursday, October 2, 9, 16, 23, 30
November 6, 13, 20
Grades: 3rd & 4th
Fee: \$95.00
Instructor: Valerie Wiebke
Have you ever dreamed of building a rocket and having it soar through the air? You will explore the amazing science of rockets and create, enhance, and launch your very own.

Little Chefs

Location: Bedford Road School
Dates/Grades: **Kindergarten**
Thursday, October 2, 9, 16, 23, 30
November 6, 13, 20
1st & 2nd
Wednesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Fee: \$95.00
Instructor: Chrissie Moses
The children will have the opportunity to cook like the pros on the Food Network. We will create a cookbook for each student.

Geology Fun

Location: Bedford Road School
Dates: Monday, September 29
October 6, 20, 27
November 3, 10, 17, 24
(no class October 13)
Grade: Kindergarten
Fee: \$95.00
Instructor: Francesca Varga
Have fun learning about geology with hands on games and experiments. Build a volcano, made a fossil. Lets dig into fun!

NEW

Chess Club

Location: Bedford Road School
Dates: Tuesday, September 30
October 7, 14, 21, 28
November 18, 25
December 2
(no class November 4, 11)
Grades: 1st – 4th
Fee: \$75.00
Instructor: Jacob Stokel
Come enjoy the game of chess! In the chess club you will learn the basics of the game and have some fun. Enjoy the game for your lifetime.

Jump To It

Location: Bedford Road School
Dates: Monday, September 29
October 6, 20, 27
November 3, 10, 17, 24
(no class October 13)
Grades: 3rd & 4th
Fee: \$85.00
Instructor: Vanessa Catalano
Come and enjoy this fun, creative and easy to learn sport. This jump rope class will improve balance, coordination and endurance while strengthening bones. Be ready to learn cool new tricks and variations. All levels welcome!

NEW

Clay Club

Location: Bedford Road School
Dates: Tuesday, September 30
October 7, 14, 21, 28
November 18, 25
December 2
(no class November 4, 11)
Grades: 3rd & 4th
Fee: \$95.00
Instructor: Erica Siciliano
Each week students will create a clay project inspired by famous artists, art techniques and art books.

NEW

After School Activities at the Bedford Road School

Around the World

Location: Bedford Road School
Dates: Monday, September 29
October 6, 20, 27
November 3, 10, 17, 24
(no class October 13)
Grades: 1st & 2nd
Fee: \$95.00
Instructor: Parul Merai
Students will have an opportunity to “visit” countries around the world. Students will be introduced to different countries flags, culture along with activity or food based on that country.

Dance & Move

Location: Bedford Road School
Dates: Monday, September 29,
October 6, 20, 27
November 3, 10, 17, 24
(no class 10/13)
Grades: 1st & 2nd
Fee: \$80.00
Instructor: Christina LoCastro
Students will have fun learning all types of dance. Come and be introduced to Jazz & Hip Hop!

Tea Cup Cards

Location: Bedford Road School
Dates: Wednesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Grades: Kindergarten
Fee: \$95.00
Instructor: Jeanne Bordin
Children will design one-of-a-kind greeting cards using layers of fantastic paper, interesting trinkets and a variety of unusual materials. Family and friends will be delighted to receive one of these handmade works of art. Story time sessions inspired by the beauty of the season is an added plus!

Theater Games

Location: Bedford Road School
Dates/Grades: **Kindergarten**
Tuesday, September 30
October 7, 14, 21, 28
November 18, 25
December 2
(no class November 4, 11)
1st & 2nd
Wednesday, October 1, 8, 15, 22, 29
November 5, 12, 19
3rd & 4th
Thursday, October 2, 9, 16, 23, 30
November 6, 13, 20
Fee: \$80.00
Instructor: Tess Donohue
Introduction to fun theater games, promoting improv skills and confidence.

Cupcake Cards

Location: Bedford Road School
Dates: Tuesday, September 30
October 7, 14, 21, 28
November 18, 25
December 2
(no class November 4, 11)
Grades: 1st & 2nd
Fee: \$95.00
Instructor: Jeanne Bordin
Take some fancy paper trinkets and a variety of unique scrapbooking supplies. Add some fun as your child expresses their imagination and creativity to make one-of-a-kind greeting cards for family and friends.

NEW

Let's Collage Like Eric Carle

Location: Bedford Road School
Dates: Wednesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Grades: 1st & 2nd
Fee: \$95.00
Instructor: Erica Siciliano
Each week students will create a collage picture inspired by author/artist Eric Carle.

NEW

Junior Chefs

Location: Bedford Road School
Dates: Tuesday, September 30
October 7, 14, 21, 28
November 18, 25
December 2
(no class November 4, 11)
Grades: 3rd & 4th
Fee: \$95.00
Instructor: Chrissie Moses
In this club, our chefs will be given the opportunity to cook and bake several dishes. Each team will be given a recipe to follow and the necessary ingredients to complete the dish. With instructor guidance, the teams will learn to create eight delicious dishes.

NEW

Crazy for Crafts

Location: Bedford Road School
Dates: Thursday, October 2, 9, 16, 23, 30
November 6, 13, 20
Grades: 1st & 2nd
Fee: \$95.00
Instructor: Jeanne Bordin
Children will explore their artistic side while keeping their young minds active creating a variety of Autumn inspired crafts. Your child will be proud to show off their handmade treasures.

NEW

Youth Program

Beginning Guitar

NEW

Location: Recreation Center
Dates: Wednesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Time: 5:00 p.m. – 6:00 p.m.
Grades: 5th – 8th
Fee: \$95.00
Instructor: Steve McCaffrey

Learn guitar from a real rock star from the former national touring, Universal Records act “Making April.” This class is designed for beginner level students. Students will learn the proper technique and fundamentals of guitar. Each class students will progress so they can come home with the foundation to improve and even learn their favorite songs.

STUDENTS MUST HAVE THEIR OWN GUITAR.



2014 – 2015 Dads Club Registration

Dads Club Registration for Winter Sports Basketball and Wrestling will begin on Monday, September 22, 2014. Please go to www.pleasantvilledadsclub.com for more information.



Adult Activities

Tennis

6 Sessions

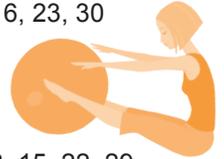
Location: Foxwood Tennis Courts
 Dates: Sunday, September 28
 October 5, 19, 26, November 2, 9
 (no class 10/12)
 Time: Beginner – 8:00 a.m. – 9:00 a.m.
 Intermediate – 9:00 a.m. – 10:00 a.m.
 Ages: Adult
 Fee: \$85.00
 Instructor: USPTA Pro
 Learn the forehand, backhand and volley and volley.
 Learn the basics of strategy and how to serve.



Pilates Ring

8 Sessions

Location: Recreation Center
 Dates: Thursday, October 2, 9, 16, 23, 30
 November 6, 13, 20
 Time: 8:00 p.m. – 9:00 p.m.
 OR
 11:00 a.m. – 12:00 p.m.
 Dates: Wednesday, October 1, 8, 15, 22, 29
 November 5, 12, 19
 Ages: Adult
 Fee: \$100.00
 Instructor: Michelle Saccurato
 Rev up the Pilates experience using a weighted ring for added resistance to challenge your core and more.
 *Rings will be supplied. Please bring your own mat and towel.



Classical Hatha Yoga

8 Sessions

Location: Recreation Center
 Dates: Monday, September 29, October 6, 20, 27
 November 3, 10, 17, 24
 (no class Oct. 13)
 Time: 6:30 p.m. – 7:30 p.m.
 Ages: 18 and over
 Fee: \$95.00
 Instructor: Kim Jones
 Yoga is a science and non-sectarian in nature. Gentle beginners/intermediate Yoga/Pranayams (breathing techniques and meditation.) Asanas (postures) synchronized with breath can energize and balance the mind. Yoga will promote good health increasing oxygen and blood circulation to vital organs and muscles, as well as the nervous system. Feelings of tranquility results which can be increased with practice. Bring yoga mat and blanket.



Ballroom Dancing

**8 Sessions
NEW**

Location: Recreation Center
 Dates: Tuesday, September 30
 October 7, 14, 21, 28
 November 4, 18, 25 (no class Nov. 11)
 Time: 8:00 p.m. – 9:00 p.m.
 Ages: Adult
 Fee: \$75 pp or \$150 per couple
 Instructor: Andrea Conte and Nikolai Shpakov
 “Come and learn foxtrot and swing dance in a beginners group class! You will be able to go out to dance parties and dance to your favorite music! Impress your friends with your new steps and meet new people! Nikolai Shpakov is a world class professional dancer and teacher who can get you dancing in a short period of time. Singles or couples welcome!”



20/20/20

8 Sessions

Location: Recreation Center
 Dates: Monday, September 29
 October 6, 20, 27 (no class October 13)
 November 3, 10, 17, 24
 Time: 7:45 p.m. – 8:45 p.m.
 Ages: Adult
 Instructor: Michelle Saccurato
 Fee: \$100.00
 Combine 20 minutes of aerobics, 20 minutes of weights and 20 minutes of core stretch. Sweat, slim down, lose pounds and feel terrific. Please bring your own weights and water.



4 X 4 Workout

**8 Sessions
NEW**

Location: Recreation Center
 Dates: Monday, September 29
 October 6, 20, 27 (no class Oct. 13)
 November 3, 10, 17, 24
 Time: 5:00 p.m. – 6:00 p.m.
 Ages: Adult
 Instructor: Michelle Saccurato
 Fee: \$100.00
 Four exercises in four minutes! Rounds consists of 1 minute each – cardio – lover body; upper body and core. Please bring your own set of weights and water.



Definitions

8 Sessions

NEW

Location: Recreation Center
 Dates: Tuesday, September 30, October 7, 14, 21, 28
 November 4, 25, December 2
 (no class November 11 & 18)
 Time: 4:45 p.m. – 5:45 p.m.
 Ages: Adult
 Instructor: Michelle Saccurato
 Fee: \$100.00
 A total body workout designed to improve muscular strength and endurance utilizing free weights, gliders and tubes. Please bring your own weights!

Men's Basketball 30 & Over Open Gym

8 Sessions

Location: Pleasantville High School
 Dates: Tuesday, November 4 – April 28
 Time: 8:30 p.m. – 10:00 p.m.
 Ages: 30 & Over (**RESIDENTS ONLY**)
 Fee: \$75 for entire season
 You must pre-register for this program. No walk-ins allowed!
SPACE IS LIMITED!

Clinton Street Center Programs

Adult Activities for 55+

1A Clinton Street, Pleasantville, NY 10570
914-769-2021

*All Programs and fees are subject to change.

FIT AND FABULOUS

WALKING TAPE

A self-motivating tape, walk around the dining room. Bring a friend and walk off breakfast!

DATES: Monday

TIME: 8am

KEEP MOVING!

A fun and energetic class that will focus on aerobic fitness and incorporate strength training.

DATES: Monday

TIME: 12:30 – 1:30pm

INSTRUCTOR: Carol Migliorelli

CORE AND MORE

Core Exercises train muscles in pelvis, low back, abdomen hips and thighs to work together, this creates better balance..

DATES: Tuesdays

TIME: 9 to 10am

FEE: \$35.00 for 8 weeks

INSTRUCTOR: Michelle Saccurato

TAI CHI

An amazing class that increases balance, coordination and flexibility while increasing strength. Tai Chi has been proven by NIH studies to reduce falls!!

DATES: Wednesday **OR** DATES: Tuesday

TIME: 8am – 9am TIME: 4:30pm – 5:30

FEE: \$35 for 8 weeks INSTRUCTOR: Alex Lamas

ARTHRITIS BALANCE

This is a class designed for those with joint stiffness; it will follow the [Arthritis Foundation](#) exercise guidelines. Participation has shown a decrease in joint stiffness, improvement in joint stability and an increase in range of motion.

DATES: Wednesday

TIME: 12:30 to 1pm

FEE: \$16.00 for 8 weeks

INSTRUCTOR: Carol Migliorelli

Come and Try a Class on Us!

You are welcome to try out any of our classes. The first class is free; if you like the programs then you register for the full amount. Class fees are as advertised, single classes are \$5 per

BREATHE- STRETCH-RELAX

A Chair Based class led by a Don Yoga Healer and Health Care Practitioner. The class will incorporate stretching, breathing and vibrations that have been proven to have a positive effect on your health.

DATES: Friday

TIME: 10:00 to 11:00am

FEE: \$35.00 for 8 weeks

INSTRUCTOR: Cynthia Farina

CARDIO DANCE

Dance, Shake and Groove your way into fitness!

A combination of line dances, party dances and Latin steps will burn calories; improve tone, increase balance and flexibility all while having a great time.

DATES: Wednesday

TIME: 1pm-2pm

FEE: \$35.00 for 8 weeks

INSTRUCTOR: Laura Santucci

AEROBICS

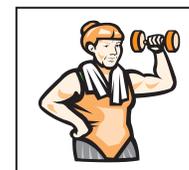
A challenging and fun fitness class that easily adapts to all fitness levels. After a warm up you spend time in aerobic activity, strength and balance and in stretch and cool down.

DATES: Thursday

TIME: 8am – 9am

FEE: \$35.00 for 8 weeks

INSTRUCTOR: Carol Migliorelli



YOGA

Yoga is a form of exercise that uses slow movements and stretching. It is good for increasing flexibility, strength and balance as well as relieving stress

DATES: Thursday **OR** DATES: Tuesday

TIME: 12:15 Floor/ Mat TIME: 4:30pm Floor/Mat
1:30 to 2:30 Mat/Chair

FEE: \$35 for 8 weeks INSTRUCTOR: Satya Carlson

FALL PREVENTION

Movement, agility, strength, balance, core and flexibility exercises all designed to keep you off the ground... unless you wanted to be there.

DATES: Friday

TIME: 12:30pm-1:30pm

FEE: \$35.00 for 8 weeks

INSTRUCTOR: Laura Santucci

GROUP ACTIVITIES

CRAFTY CREATIONS

Join Kathy in continuing to keep fir from the neck up in learning the art of punch paper flower wreaths.

An example is on display at the center.

DATE: Friday TIME: 1pm.

INSTRUCTOR: Kathy Jordan

KNITTING & CROCHETING CIRCLE

Join this knitting and crocheting circle: learn a few knitting secrets while making much needed items for others.

DATES: Mondays TIME: 10:00 a.m.

INSTRUCTOR: Ruth Murden

MIXED MEDIA CRAFTS

Jewelry making, painting birdhouse, decoupage, mosaics and sewing are all part of this relaxed and judgment free craft group. No Creativity Needed!!

DATE: Wednesdays TIME: 10:00 a.m.

INSTRUCTORS: Barbara Smith, Joan Cregier and Lori Garcia

GARDEN CLUB

Green thumbs are not required for growing plants!

Horticulturist, Cathy Fellows,

DATE: Mondays TIME: 10:00 a.m.

INSTRUCTOR: Cathy Fellows

CHESS FOR ALL LEVELS WITH JACK

Join Jack Stockel for a morning of non-competitive play.

DATES: Fridays TIME: 10:00 a.m.

INSTRUCTOR: Jack Stockel

VETERANS ROUNDTABLE

Join this group of local veterans for discussion, service to others, activities and refreshments.

DATE: Mondays TIME: 1:00 p.m.

POKER

Join us for a few hands of Poker, don't forget your nickels! ALL ARE WELCOME!

DATES: Tuesdays TIME: 10:00 a.m.

OPEN BRIDGE

Pick up Bridge, bring a table of 4, a partner or just come yourself and join in the fun.

DATES and TIMES: Tuesday 1 to 3pm

Thursdays 9:30 to 11:30am

COFFEE and CONVERSATION

Join us for a cup of Joe and some interesting conversations.

DATE: Thursdays TIME: 9:00am

TRIPS, TOURS and TALKS

Per Registration Is Required For All Programs

SEPTEMBER 18th BERKSHIRES TRIP

See the Berkshires and enjoy the gardens of the Edith Wharton Mount Estate. Lunch is at the Mount and is followed by a tour.

TIME: depart at 8:45am

COST: \$99.00

TUESDAY- OCTOBER 7TH SANDS CASINO

Try your Luck and Test your Skills!

Leave from Clinton Street Center at 8am

Cost: \$30

Make your checks payable to 'Mount Kisco Seniors'

THURSDAY, OCTOBER 9th -BRAIN HEALTH

Informative panel discussion about retaining brain health through diet, exercise and activities. It includes research, resources and popular wisdom (and some myths!)

TIME: 7pm to 9pm

COST: FREE

THURSDAY, OCTOBER 15th -MOUNT AIRY

CASINO: Tribute to Dolly and Kenny

Your day includes a \$25 casino bonus and a buffet lunch.

TIME: depart at 8:30 am

COST: \$99.00

TUESDAY, OCTOBER 21st HOUSING OPTIONS

How to Stay out of The Nursing Home

Learn about all of the different types of housing options for seniors: senior living, skilled nursing, retirement communities, adult day care, Medicare, Medicaid, etc.

TIME: 10am to 11:30am

COST: FREE

OCTOBER 23rd - CULINARY INSTITUTE OF AMERICA

Enjoy lunch at the American Bounty, a guided tour of the CIA all followed by a stop at the Walkway over the Hudson.

TIME: depart at 8:15am

COST: \$99.00

NOVEMBER 6TH - 9/11 MEMORIAL

Explore the Museum and the Memorial Honoring those fallen and remembering the unparalleled heroism of 9/11.

TIME; depart at 9:30am

COST: \$99.00 includes lunch

CLASS OFFERINGS

ART WORKSHOP

Let Your Inner Picasso Out! This course offers budding or born again artists a relaxing and encouraging atmosphere to learn the elements and master techniques of drawing/painting with local artists.

DATES: Fridays

TIME: 2:00 p.m. – 4:00 p.m.

FEE: \$50.00 for 8 Sessions

INSTRUCTOR: Rotating Artists

CHORAL GROUP

Meet informally with others who enjoy singing.

No experience necessary

DATE: Wednesdays

TIME: 10:30 a.m.

INSTRUCTOR: Betsy Hughes

GLASS MOSAICS

Pleasantville High School Art students along with their teacher will join us in an intergenerational class learning and creating glass pieces.

DATE: Wednesdays

TIME: 3:00 p.m.

INSTRUCTORS: Ruth Weyland & Jim Maron

COOKING CLASSES:

** IN THE KITCHEN WITH THE GRANDS

Celebrate being a grandparent; bring the grandkids for a fun afternoon of cooking.

Hey, better they mess up my kitchen than yours!

DATE: Saturday, September 13th

TIME: 2pm to 4pm

COST: \$25.00 per grandparent/grandchild pair

Please call us for more information. 769-2021

** SMALL PLATES

Learn some new ideas for easy and delicious appetizers for your next social gathering.

DATE: Saturday, October 18th

TIME: 6pm to 8pm

COST: \$15 per person

Please call us for more information. 769-2021

ACTING! ACTING! ACTING!

Seniors will meet weekly to read scenes from plays. Selections of plays will range from comedies to dramas and everything in-between. Actors will be assigned parts and will prepare to do a staged reading for an invited audience. No memorization of lines required!

No prior experience necessary-just a love of theatre!

DATE: Wednesday, September 17th

TIME: 1:30pm to 3:30pm

COST: \$65 for 12 weeks, performance included

INSTRUCTOR: Susan Courtney, actress, playwright, and director.

MONTHLY ACTIVITIES

AARP DEFENSIVE DRIVING

This course can help you save money, remove points and be a better and safer driver.

DATE: Saturday, September 27th

TIME: 9am to 4pm

COST: \$20 for members/\$25 for non-members

(A Separate administrative fee of \$2 pp is requested)

“Friday AFTERNOON at the MOVIES”

Make a date to enjoy a late afternoon movie and Pizza.

\$5.00 (one slice of pizza, drink, dessert)

\$6.00 (two slices of pizza, drink, dessert)

Check Calendar or call for the date.

Movie starts at **4 pm** with Pizza to follow

“LUNCH ABOUT”

Enjoy lunch at a local restaurant every month Lunch is by separate check. Transportation: \$5.00.

* Trips leave at 11:30am, returns about 2pm

Locations are tentative, please call us to check

September: Peiros – Port Chester

October: Half Moon Bay (DINNER TRIP)

November: Kathleen’s

SHOPPING ABOUT TOWN

Enjoy a trip to an area mall, to a movie or to a cultural place venue. Admission is on your own.

Transportation: \$5.00.

Tuesday, September 23rd

Danbury Mall

Tuesday, October 14th

Ridge Hill, Yonkers

Tuesday, November 18th

Danbury Mall

BOOK LOVERS GROUP

Love to read? There is only one thing better than a good book – someone with whom to share it.

DATE: Third Thursday

TIME: 1:30 p.m.

MONTHLY BREAKFAST

Join us for a hearty breakfast and an Informal discussion with a variety of community leaders and organizations.

Check Calendar or call for the date.

Time: 8am Fee: \$2.50

____GOT QUESTIONS?____

Julie Woodward, Medicare Specialist

Will be available to answer your questions on:

September 24th, October 22nd,

November 19th

at 12:30pm

Village of Pleasantville Department of Parks & Recreation Facilities

- | | |
|---|--|
| 1. Main Office
Recreation Center
48 Marble Avenue
Hours:
Monday – Friday 8:00 a.m. – 4:00 p.m. | 5. Parkway Field/Farrow’s Field
Marble Avenue
Baseball, Softball, Soccer,
Football & Lacrosse Field |
| 2. Clinton Street Center
1 A Clinton Street
Senior Citizen Nutrition
Senior Outreach Department
Hours:
Monday – Friday 8:00 a.m. – 4:00 p.m. | 6. Roselle Park
Roselle Avenue
Playground Equipment
Baseball & Soccer Field
Basketball Court |
| 3. Nannahagan Park
Lake Street
Playground Equipment, Walking Trail,
Basketball Courts, Pond For Fishing | 7. Tennis Courts
Route 117 & Campus Drive
At Foxwood Condominiums |
| 4. Soldiers & Sailors Park
Manville Road & Clark Street
Playground Equipment, Baseball, Softball,
Soccer, Football & Lacrosse Field, Restrooms | 8. Pleasantville Pool
Lake Street
Main Pool, Wading Pool, Concession
Stand and Playground Equipment |

Recreation Center Facility Usage

The Recreation Center activity room is available for rental.
Application available in Recreation Center.



Village of Pleasantville
Recreation Department
48 Marble Avenue
Pleasantville, NY 10570

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White Plains, NY

Local Postal Customer

Fall 2014 Activities



Program Registration

Saturday, September 6, 2014
9:00 a.m. – 12:00 noon

Village Board

Mayor

Peter Scherer

Trustees

Jonathan Cunningham
Mindy Berard

Colleen Griffin Wagner
Steven Lord

Village Administrator

Patricia Dwyer

Recreation & Parks Staff

Linda Bellofatto, Superintendent
Debbie Nava, Sr. Office Assistant
Michael Newman, Recreation Assistant
Joni Ehrlich, Director of Senior Citizens
Mary Petry Gerlanc, Senior Citizen Secretary
Mario Sansotta, Park Foreman
Brendan Gallagher, Park Groundsman

Parks & Recreation Advisory Board

Lori Shay, Chairperson
Steve Dalmer
Armand D'Angelo
Joseph Ruhl
Lori Shay
Geraldine Stapleton

Recreation Office Hours

8:00 a.m. – 4:00 p.m. Monday – Friday