

Village of Pleasantville
Recreation and Parks Department

Fall Activities Brochure 2013

Mark Your Calendar!
Upcoming Special Events

Window Painting, Saturday, October 19

Ragamuffin Parade, Saturday, October 26

Community Sing Along & Lighting Ceremony, Wednesday, December 4

Breakfast With Frosty, Saturday, December 7



Registration For
The Adult 55 And Older
Programs Are Ongoing
At The Clinton Street Center

Walk-In Registration Begins
Saturday, September 21, 2013
9:00 a.m. – 12:00 noon at
Recreation Center

Fall Activities Brochure 2013

Our Commitment To You

Your satisfaction is our goal. The Pleasantville Parks and Recreation Department seeks to provide high quality, diverse and well-planned recreational programs for the entire community. It is the department's goal to make your recreation experience an enjoyable one.

We Are Looking For A Few Good People

The Pleasantville Recreation Department is continuously looking for new and innovative talent. If you possess a skill and the ability to teach it, send us your resume and a proposal and we will be glad to speak with you.

Register Early

Nothing cancels programs more than waiting until the last minute to sign up. Programs require advance planning, staffing and the purchasing of supplies, so keep this in mind when registering. **REGISTER EARLY!**

Registration

Fall registration will begin on Saturday, September 21 from 9:00 a.m. – 12:00 noon at the Recreation Center - 48 Marble Avenue and will continue Monday thru Friday 8:30 a.m. to 3:30 p.m. Mail-in registrations will be accepted, see page 3. Registration is on a first-come, first-served basis. **Due to the popularity of our programs you will be permitted to register for your family only.** You must be 18 years old or older to register for a program. **Senior Citizen registration is on going at the Clinton Street Center.**

Fees

Checks only made payable to the **Village of Pleasantville** – No Cash Accepted

Refunds

Refunds will be made only when a class is cancelled due to insufficient enrollment. The participant assumes the risk of all changes in personal and business affairs. **Any refund request will be reviewed individually and will, if granted, be prorated and subject to a \$20.00 administrative processing fee.**

Programs

Are open to the Village of Pleasantville and School District residents first. Only those registered in the class will be permitted to attend. Residents residing outside the district may register, space permitting, for most programs one week after registration begins and pay an additional \$10.00 fee per program.

Program Cancellations

Inclement weather cancellations will be announced on WFAS, WHUD and on the Recreation answering machine, 769-7950. School District cancellations or early dismissal due to weather will automatically cancel all Recreation Programs.

Insurance

The Village of Pleasantville does not carry insurance to cover hospitalization or medical costs of persons injured during participation or spectating at any Parks and Recreation programs. All participants enter programs at their own risk.

Phone Numbers

Recreation Office – 769-7950
Joni Ehrlich, Director of Senior Citizen Services – 769-2021

Mail-in Registration Information

**The Recreation Department Offers Mail-in Registration For All Programs
Except Pool & Day Camp**

Fall Walk – In Registration Begins Saturday, September 21
9:00 a.m. – 12:00 noon

All mailed-in program registrations forms will be processed on a random basis beginning Monday, September 23 and will continue on a daily basis with the walk-in registrations. Registrations received by mail will be processed the next morning. Incomplete registrations will be returned. Mail-in registration does not guarantee a space in a program. The Recreation Department cannot be responsible for lost or misdirected mail. A receipt will be mailed to you if you are accepted into the program. Otherwise, your check will be returned to you. On Saturday, September 21 walk-in registrations will be accepted at the Recreation Center, 48 Marble Avenue.

Pleasantville Recreation Department Registration Form
Please Make Check Payable To: Village of Pleasantville
Mail to: 48 Marble Avenue
Please Print Clearly

Name of Activity: _____
Day & Time of Class: _____
Fee: _____
Participant Name: _____
Address: _____
Age: _____ Grade: _____
Home Phone: _____ Cell Phone: _____
Emergency Contact: _____ Phone: _____
E-Mail Address: _____

Waiver: The undersigned hereby releases the Village of Pleasantville, its Board of Trustees, Employees and Volunteers there of any liability whatsoever in connection with any damages and/or injuries that the above named may sustain as a result of his/her participation in the program listed above sponsored by the Village of Pleasantville Recreation Department.

CK# _____ CASH _____
FEE: \$ _____
CASHIER: _____

Signature

Date

Pre-School/Youth Activities

Arts & Crafts For Little Hands

8 Sessions

Location: Recreation Center
Dates: Wednesday, October 2, 9, 16, 23, 30
November 6, 13, 20
Time: 10:00 a.m. – 11:00 a.m.
Ages: 3 - 5 years old
Dates: Thursday, October 3, 10, 17, 24, 31
November 7, 14, 21
Time: 1:00 p.m. - 2:00 p.m.
Ages: 3 - 5 years old
Fee: \$90.00
Instructor: Jeanne Bordin



Children will have fun as they participate in creative projects that inspire and motivate their young minds. Your child's social & artistic skills will be developed in an enjoyable and nurturing environment. Story time session is an added bonus. This is a drop off class.

You, Me & Toddler Make Three

8 Sessions

NEW

Location: Recreation Center
Dates: Thursday, October 3, 10, 17, 24, 31
November 7, 14, 21
Time: 10:00 a.m. – 11:00 a.m.
Ages: 2 years old with parent or guardian
Fee: \$90.00
Instructor: Jeanne Bordin



Join your little one and let's stimulate their artistic abilities. Have fun with your toddler as they are introduced to beginner crafts and explore basic skills of painting and drawing. Story time session is always an added bonus.

Music & Motion

9 Sessions

Location: Recreation Center
Dates: Tuesday, October 1, 8, 15, 22, 29
November 12, 19, 26 (no class November 5)
Time: 9:30 a.m. – 10:15 a.m.
Ages: 18 months - 36 months
Fee: \$90.00
Instructor: Nancy Bayer



A combination of songs, movement and parachute time will entice your toddler & you to join in the fun as we sing, dance, play with balloons, colorful scarves, hula-hoops and much more. Don't forget bubble time too! Parents/Guardians must attend.

Creative Play

9 Sessions

NEW

Location: Recreation Center
Dates: Tuesday, October 1, 8, 15, 22, 29
November 12, 19, 26 (no class November 5)
Time: 10:30 a.m. – 11:45 a.m.
Ages: 12 months – 36 months
Fee: \$110.00
Instructor: Nancy Bayer



Children and their caregiver will enjoy a combination of music and motion along with simple art/tactile experiences (coloring, sand with glue, painting, rice tablet, etc.) A snack will be provided.

Ballet & Jazz

8 Sessions

Location: Recreation Center
Dates: Thursday, October 3, 10, 17, 24, 31
November 7, 14, 21
Time: 3:30 p.m. – 4:15 p.m.
Ages: 4 & 5 years old
Fee: \$75.00
Instructor: Lauren Gualdino
A great program for children who want to learn the basics of ballet & jazz.



Miss Patti's Art Smart

8 Sessions

Location: Recreation Center
Dates: Friday, October 4, 11, 18, 25
November 1, 8, 15, 22
Time: 9:45 a.m. – 10:45 a.m.
Ages: 2 through 4 years old
Fee: \$110.00
Instructor: Patti Hupp

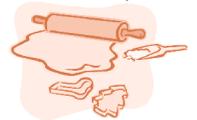


Picasso & Pavarotti...Mozart & Monet...
Each week children will listen to classical music as they discover a famous artist and create a masterpiece. Then it's on to making their own music in this fun-filled hour. This is a drop off class, but caregivers may share in the fun.

Cooking with Jeanne

8 Sessions

Location: Recreation Center
Dates: Monday, October 7, 21, 28
November 4, 18, 25, December 2, 9
(no class October 14 & November 11)
Time: 1:00 p.m. – 2:00 p.m.
Ages: 3 through 5 years old
Fee: \$110.00
Instructor: Jeanne Carney



Children are introduced to cooking with natural ingredients. Projects are simple and geared toward enjoying all the sensations that this experience offers.

Jump, Giggle, Wiggle

8 Sessions

NEW

Location: Recreation Center
Dates: Monday, September 30
October 7, 21, 28
November 4, 18, 25
December 2 (no class Oct. 14 & Nov. 11)
Time: 11:00 a.m. – 11:45 a.m.
Ages: 3 & 4 years old
Fee: \$85.00
Instructor: Carol Migliorelli

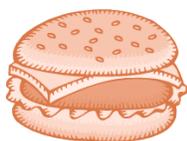


Children will play and move with bean bags, scarves, musical instruments and more. This will be a fun class to get their little bodies moving and dancing. We will finish with kid friendly yoga stretches! This is a drop off class.

Youth Activities

Back to School McDonalds/Bingo

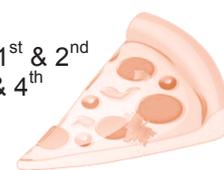
Location: Recreation Center
Date: Friday, September 20
Grades: 1st & 2nd
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$15.00



Enjoy the night out with your friends, play bingo and win some great prizes. Pre-register or program may be cancelled due to lack of enrollment.

Pizza Bingo

Location: Recreation Center
Dates/Grade: Friday, November 15 – 1st & 2nd
Dates/Grade: Friday, October 4 – 3rd & 4th
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$15.00



Enjoy the night out with your friends, play bingo and win some great prizes. Pre-register or program may be cancelled due to lack of enrollment.

Tennis

6 Sessions

Location: Foxwood Tennis Courts
Dates: Sundays, September 29, October 6, 20, 27
November 3, 10 (no class 10/13)
Time: Beginner – 10:00 a.m. -11:00 a.m.
Intermediate – 11:00 a.m. – 12:00 p.m.
Ages: 8 – 12 years old
Fee: \$85.00
Instructor: USTPA Pro
Learn the forehand, backhand, volley and how to serve.



Halloween Party

Location: Clinton Street Center
Date: Friday, October 25
Time: 5:30 p.m. – 8:30 p.m.
Grades: 1st, 2nd, & 3rd
Fee: \$20.00
Join in our Halloween Fun Night! Games and prizes for all winners. Pizza & snacks will be served.

Pizza/Movie Night

Location: Recreation Center
Date/Grade: Friday, September 27 – 3rd & 4th Gr.
Date/Grade: Friday, October 18 – 2nd Gr.
Date/Grade: Friday, November 1 – 1st Gr..
Date/Grade: Friday, November 8 - 3rd & 4th Gr.
Date/Grade: Friday, November 22 – 1st & 2nd Gr.
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$10.00
Come have a slice of pizza and enjoy a Movie with your friends.



Family Bingo Bonanza

Location: Clinton Street Center
Date: Friday, October 11
Grades: Kindergarten – 4th
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$10.00 per person
Come play bingo with your family and friends. Pizza and snacks will be served.



Kindergarten Pajama Movie Night

Location: Recreation Center
Date: Friday, December 13
Time: 5:00 p.m. – 7:00 pm
Grade: Kindergarten
Fee: \$10.00
Instructor: Staff
Come in your PJ's & watch a movie with your friends!
Pizza & drinks provided.



Youth Open Gym

Location: Middle School Gym
Dates: Friday, November 15
Time: 7:30 p.m. – 9:30 p.m.
Grades: 5th – 8th
Fee: \$5.00 (Snacks will be sold)
Instructor: Staff
Come play basketball with your friends or play board games.



Parents Night Out

Location: Recreation Center
Date: Friday, December 6
Time: 5:00 p.m. – 8:00 p.m.
Grades: Kindergarten, 1st & 2nd
Fee: \$25.00 per child
Drop your kids off while you enjoy an evening out on your own. The children will enjoy a holiday video and craft activity, make pretzels to take home and enjoy a magic show. Pizza and drinks will be served!

Safe on my Own

Location: Recreation Center
Date: Tuesday, November 19
Time: 3:30 p.m. – 5:30 p.m.
Grades: 3rd – 5th
Fee: \$30.00
Instructor: Diane Stonis
This Red Cross class will teach your children the safety of what to do when home alone.



Special Events

Halloween Window Painting

Location: Downtown Area
Date: Saturday, October 19
Time: 11:00 a.m. – 3:00 p.m.
Ages: Grades 2 – 8
Fee: \$10.00

Paint Halloween themes on windows around the village. Every participant receives a prize. Register at the Recreation Department beginning Monday, Sept. 30.

Ragamuffin Parade & Harvest Day

Location: Bedford Road School
Memorial Plaza
Date: Saturday, October 26
Time: 11:30 a.m. – Line up BRS
12:00 p.m. – Parade Begins

Ages: All
Parade begins at BRS and ends in Memorial Plaza. Pumpkin decorating, rides, and entertainment.



Community Sing-Along and Lighting Ceremony

Location: Manville & Great Oak Lane
Date: Wednesday, December 4
Time: 7:00 p.m.

Co-sponsored with the Fancher American Legion Post 77 and the Pleasantville Chamber of Commerce. Come enjoy holiday music classics.



Holiday Breakfast with Frosty

Location: Pleasantville Middle School
Date: Saturday, December 7
Time: 10:00 a.m.

Ages: 2 - 8 year olds
Fee: \$20.00

Enjoy breakfast with Frosty. Entertainment by Annie and a gift for everyone.



Letters to Santa

Please drop off your letters at the Mt. Pleasant Library beginning Monday, November 25 or the Rec. Center. Address your envelope to Santa Claus North Pole. No postage necessary. All letters dropped off before Monday, December 16 will be answered. Please include your return address.



Bake & Decorate Holiday Cookies

Location: Recreation Center
Date: Saturday, December 14
Time: 10:00 a.m. – 12:00 noon
Grades: 1st – 3rd grade
Fee: \$25.00
Instructor: Staff

Bake & create some holiday cookies. Pizza & drink will be provided.



Decorate Your Own Gingerbread House

Location: Recreation Center
Date: Friday, December 20
Time: 5:00 p.m. – 7:00 p.m.
Grades: K – 4
Fee: \$55.00
Instructor: Staff

Create your own special Gingerbread House to bring home for the holiday. Pizza & drink will be provided. Space Limited!



Candy Kiss Guess Contest

Stop by the Recreation Center to guess how many chocolate kisses are in the jar!!!! Contest begins December 2 and ends of December 20.

Kindergarten Meet & Greet

NEW

Location: Recreation Center/Parkway Field
Date: Wednesday, September 4
Time: 10:00 a.m. – 11:00 a.m.
Fee: \$10.00
Instructor: Staff

Enjoy some fun sports activities on Parkway Field and refreshments in the Recreation Center with your new kindergarten classmates. **SIGN UP ASAP**



YOU SNOOZE – YOU LOSE

Nothing Kills A Good Program Quicker Than Waiting Until The Last Minute To Register For It! Registering At The Last Minute May Mean That The Program Has Already Been Filled Or Cancelled Due To Lack of Enrollment.

PLEASE REGISTER EARLY!

Bedford Road After School Activities Lottery System

The Pleasantville Recreation Department offers an After School program at the Bedford Road School from 3:00 p.m. to 4:00 p.m. on Monday, Tuesday, Wednesday & Thursday. We have found the lottery system to be very successful as it has given all our residents a fair opportunity. The lottery form is available at the Recreation Department and on line at www.pleasantville-ny.gov. You will be able to choose two classes for the lottery. Please bring the lottery forms to the Recreation Center by **Wednesday, September 18 before 4:00 p.m.** The lottery will be drawn on Thursday, September 19 and the results will be posted on line and at the Recreation Center on Friday, September 20. You may pay and register for the class you have been chosen for beginning **Saturday, September 21 from 9:00 a.m. – 12:00 noon or Monday thru Wednesday, September 23 – 25 from 8:00 a.m. – 4:00 p.m.** If you do not pay for the class by Wednesday, September 25 we will assume you are no longer interested in the class. Beginning Thursday, September 26 you will be able to register for any classes that still remain open.

How to Register:

Registration forms are available at the Recreation Department and online for you to print. Please visit www.pleasantville-ny.gov to print a copy of the registration form. These forms need to be filled out completely. **Lottery forms may be mailed in, but must be received in our mail by Wednesday, September 18.** You will not be included in the lottery if the form does not arrive by mail by Wednesday, September 18.

Registration forms must be dropped off or received in our mail before 4:00 p.m., Wednesday, September 18. **No lottery forms will be accepted after 4:00 p.m. on September 18.**

How many choices do I get for classes?

Your child can choose two classes for the lottery. Open registration begins on Thursday, September 26.

When will I know that my child has been placed into a class?

The lottery will be drawn on Thursday, September 19. On Friday, September 20 the lottery results will be posted at the Recreation Center and online at www.pleasantville-ny.gov.

How to pay for the class:

You have until **4:00 p.m. on Wednesday, September 25 to pay and register** for that class. **Checks only, no credit cards accepted. You must register by September 25.** If anyone fails to register by the deadline we will assume you are no longer interested in the class and open the class to others.



After School Activities at the Bedford Road School

Tennis Fun

Location: Bedford Road School
Dates/Grades: Monday, September 30
3rd & 4th Oct. 7, 21, 28
Nov. 4, 18, 25
1st & 2nd Dec. 2 (no class 10/14 & 11/11)
Thursday, Oct. 3, 10, 17, 24
Nov. 7, 14, 21
Dec. 5 (no class 10/31 & 11/28)
Fee: \$85.00
Instructor: Molly Burnett
Receive hands-on introduction to basic tennis skills. Work on the ground stroke, volley with a partner, learn to serve and conquer the overhand smash. Please bring your own tennis racquet.

Game Show Bonanza

NEW

Location: Bedford Road School
Dates: Wednesday, October 2, 9, 16, 23, 30
November 6, 13, 20
Grades: 3rd & 4th
Fee: \$85.00
Instructor: Valerie Wiebke
Are you a fan of trivia and word games? Have a little friendly competition? This is the club for you! You will be a contestant on various virtual game shows including Jeopardy and Wheel of Fortune.

Rocket Science

Location: Bedford Road School
Dates: Tuesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Grades: 3rd & 4th
Fee: \$95.00
Instructor: Valerie Wiebke
Have you every dreamed of building a rocket and having it soar through the air? You will explore the amazing science of rockets and create, enhance, and launch your very own.

One of a Kind Crafts

NEW

Location: Bedford Road School
Dates: Thursday, October 3, 10, 17, 24
Nov. 7, 14, 21
December 5 (no class 10/31 & 11/28)
Grades: 1st & 2nd
Fee: \$95.00
Instructor: Jeanne Bordin
Take some fancy paper, trinkets, glue and add an assortment of scrapbooking supplies. Add some fun as your child expresses their imagination and creativity to make one-of-a-kind greeting cards for family and friends.

Fashion 101

Location: Bedford Road School
Dates: Wednesday, October 2, 9, 16, 23,30
November 6, 13, 20
Grades: 3rd & 4th
Fee: \$95.00
Instructor: Chrissie Moses
Your child will be able to put their inner diva to the test in this class. Students will be able to design pants, a Bedazelled shirt and design custom jewelry as their accessories. Students will have a fashion show the last day of class.

Chess Club

Location: Bedford Road School
Dates: Tuesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Grades: 1st - 4th
Fee: \$75.00
Instructor: Jacob Stockel
Come enjoy the game of chess. In the Chess Club you will learn the basics of the game and have some fun. Enjoy the game for your lifetime!

Keepsake Crafts

Location: Bedford Road School
Dates: Wednesday, Oct. 2, 9, 16, 23, 30
November 6, 13, 20
Grades: Kindergarten
Fee: \$95.00
Instructor: Jeanne Bordin
This fun filled hour will make good use of your child's energy and enthusiasm as they design their own Keepsake Crafts. They will be encouraged to think innovatively, as they develop artistic skills creating handmade treasures in a nurturing environment.

Wild Kingdom

Location: Bedford Road School
Dates: Tuesday, October 1, 8, 15, 22, 29
Nov. 5, 12, 19
Grades: 1st & 2nd
Fee: \$95.00
Instructor: Tina Iannotti
Is your child interested in the Animal Kingdom? Your child will recreate their favorite animals habitat, learn about birds, mammals, reptiles and amphibians.



After School Activities at the Bedford Road School

Yoga Fun

Location: Bedford Road School
Dates: Thursday, September 26,
October 3, 10, 17, 24
November 7, 14, 21 (no class 10/31)
Grades: 1st & 2nd
Fee: \$75.00
Instructor: Jen Picco

Your child will get to release that extra energy while exploring Yoga! They will be introduced to beginning poses and at the same time build, strengthen and improve flexibility. Children will explore a variety of poses, breathing exercises, visual imagery and relaxation techniques.

Around the World

Location: Bedford Road School
Dates: Wednesday, October 2, 9, 16, 23, 30
November 6, 13, 20
Grades: 1st & 2nd
Fee: \$95.00
Instructor: Parul Merai

Students will have an opportunity to "visit" countries around the world. Students will be introduced to different countries flags, culture along with activity or food based on that country.

Dance & Move

Location: Bedford Road School
Dates: Monday, September 30, October 7, 21, 28
November 4, 18, 25, December 2
(no class 10/14 & 11/11)
Grades: 1st & 2nd
Fee: \$80.00
Instructor: Christina LoCastro

Students will have fun learning all types of dance. Come and be introduced to Jazz & Hip Hop!

Youth Sports

NEW

Location: Bedford Road School
Dates/Grades: Kindergarten
Tuesday, October 1, 8, 15, 22, 29
November 5, 12, 19
Dates/Grades: 1st & 2nd
Wednesday, Oct. 2, 9, 16, 23, 30
Nov. 6, 13, 20

Fee: \$80.00
Instructor: Michael Manvele
This great program will provide your child the opportunity to learn the fundamental skills and sportsmanship in different sports. Sports include soccer, tee ball, basketball and kickball

Rummikub

Location: Bedford Road School
Dates: Thursday, October 3, 10, 17, 24
November 7, 14, 21, December 5
(no class 10/31 & 11/28)
Grades: 3rd & 4th
Fee: \$75.00
Instructor: Danielle DiSalvo

Rummikub is a combination of rummy, dominoes and chess in one! Have fun creating runs, sets and keep adding onto them.

Chocolate Club

Location: Bedford Road School
Dates: Tuesday, October 1, 8, 15, 22, 29
Grade 3rd & 4th November 5, 12, 19
Dates: Thursday, Oct. 3, 10, 17, 24
Grades 1st & 2nd November 7, 14, 21, December 5
(no class 10/31 & 11/28)
Fee: \$95.00
Instructor: Chrissie Moses

Children will have the opportunity to make many tasty treats such as lollipops, chocolate drops, chocolate covered pretzels and more!

2013 – 2014 Dads Club Registration

Dads Club Registration for Winter Sports Basketball and Wrestling will begin on Monday, September 23. Please go to www.pleasantvilledadsclub.com for more information.

Middle School After School Activities
3:30 p.m. – 4:30 p.m.
All Classes Meet in Recreation Center
Walk-In Registration Begins Saturday, Sept. 21st
Recreation Center

Aerospace Engineering

NEW

Location: Recreation Center
Dates: Tuesday, October 1, 8, 15, 22, 29
November 12, 26, December 3
(no class 11/5 & 11/19)
Grades: 5th – 8th
Fee: \$175.00
Instructor: Engineering For Kids
Students use the Engineering Design Process to design, create, test, and refine a variety of flying machines. They construct a shock absorbing system designed to protect two marshmallow astronauts in a lunar vehicle, create their own air-powered rockets, and assemble a hot air balloon model that actually takes flight!

Civil Engineering

NEW

Location: Recreation Center
Dates: Wednesday, October 2, 9, 16, 23, 30
November 6, 13, 20
Grades: 5th – 8th
Fee: \$175.00
Instructor: Engineering For Kids
Students use the Engineering Design Process to design, create, test and refine a balsawood bridge designed to withstand the greatest force. They examine several different types of bridge designs and discover how the forces of tension, compression, bending, torsion, and shear are distributed throughout their structures.

Art Explorers

NEW

Location: Recreation Center
Dates: Monday, September 30, October 7, 21, 28
November 4, 18, 25, December 2
(no class October 14 & November 11)
Grades: 5th – 8th
Fee: \$175.00
Instructor: Kids Art
Push your artistic skills in this challenging class. You will get to exercise your creative skills!

December Holiday Break Program

Egyptian Dig

NEW

Location: Recreation Center
Date: Friday, December 27 & Monday, December 30
Time: 8:30 a.m. – 4:30 p.m.
Ages: 6 – 11 years old
Fee: \$155.00
Instructor: Scienstational Workshops
Come discover the amazing science of Archaeology as you dig for ancient artifacts. In doing this you will learn about Egyptian life. Find artifacts such as a scarab hieroglyphic tablet, ankh symbol and a jackal. Please bring lunch!

Adult Activities

Tennis

6 Sessions

Location: Foxwood Tennis Courts
Dates: Sunday, September 29
October 6, 20, 27, November 3, 10
(no class 10/13)
Time: Beginner – 8:00 a.m. – 9:00 a.m.
Intermediate – 9:00 a.m. – 10:00 a.m.
Ages: Adult
Fee: \$85.00
Instructor: USPTA Pro



Classical Hatha Yoga

8 Sessions

Location: Recreation Center
Dates: Monday, October 7, 21, 28
November 4, 18, 25, Dec. 2, 9
(no class Oct. 14, & Nov. 11)
Time: 6:30 p.m. – 7:30 p.m.
Ages: 18 and over
Fee: \$95.00
Instructor: Kim Jones



Yoga is a science and non-sectarian in nature. Gentle beginners/intermediate Yoga/Pranayams (breathing techniques and meditation.) Asanas (postures) synchronized with breath can energize and balance the mind. Yoga will promote good health increasing oxygen and blood circulation to vital organs and muscles, as well as the nervous system. Feelings of tranquility results which can be increased with practice. Bring yoga mat and blanket.

20/20/20

8 Sessions

Location: Recreation Center
Dates: Thursday, October 3, 10, 17, 24, 31
Nov. 7, 14, 21
OR
Monday, September 30
October 7, 21, 28
November 4, 18, 25
December 2
(no class Oct. 14 & Nov. 11)
Time: 7:45 p.m. – 8:45 p.m.
Ages: Adult
Instructor: Michelle Saccurato
Fee: \$115.00



Combine 20 minutes of aerobics, 20 minutes of weights and 20 minutes of core stretch. Sweat slim down, lose pounds and feel terrific! Please bring 3-5 lb. weights.

Pilates Core For Men & Women

8 Sessions

Location: Recreation Center
Dates: Wednesday, October 2, 9, 16, 23, 30
November 6, 13, 20
Time: 6:30 p.m. – 7:30 p.m.
Ages: Adult
Fee: \$110.00
Instructor: Stacey Cristiano
Pilates is a target sequence of movements designed to firm, tone and strengthen the abdominal, thighs and buttock muscles. These focused exercises enable you to achieve a flatter stomach and firmer legs while you improve your posture and coordination. Pilates is a fun and healthy way to reduce stress and attain a beautifully sculpted body.

Core Sculpt

8 Sessions

Location: Recreation Center
Dates: Monday, September 30, October 7, 21, 28
November 4, 18, 25, December 2
(no class Oct. 14, & Nov. 11)
Time: 9:30 a.m. – 10:30 a.m.
Ages: Adult
Fee: \$115.00
Instructor: Margaret Cunzio
Use the best of pilates for a real workout that targets abs, thighs and butts and gets you in the best shape all around. Nothing can beat these core exercises to get serious results. Bring a mat and weights to this morning class.



Zumba

8 Sessions

Location: Recreation Center
Dates: Wednesday, October 2, 9, 16, 23, 30
November 6, 13, 20
Time: 7:30 a.m. – 8:30 p.m.
Ages: Adult
Fee: \$110.00
Instructor: Eileen Torres
Zumba is still the hottest workout around. Simple steps and the best Latin dance rhythms let you shimmy and shake to a super body. Zumba is for everyone! See results and have a blast!

Men's Basketball 30 And Over Open Gym

Location: Pleasantville High School Gym
Dates: Tuesdays – November 12 – April 29
Time: 8:30 p.m. – 10:00 p.m.
Ages: 30 and over (RESIDENTS ONLY)
Fee: \$70.00 for entire season

You must pre-register for this program. No walk-ins allowed.



Clinton Street Center 55+ Programs

ALL Programs are OPEN to all, with priority given to Pleasantville Senior Citizen

The Clinton Street Center

1-A Clinton Street,

Pleasantville, NY 10570

914-769-2021

*All classes begin in September, call for specific dates

FIT AND FABULOUS

WALKING TAPE

A self-motivating tape, walk around the dining room. Bring a friend and walk off breakfast!

DATES: Monday

TIME: 8am

KEEP MOVING!

A fun and energetic class that will focus on aerobic fitness and will incorporate strength training.

DATES: Monday

TIME: 12:30 – 1:30

FEE: \$32.00 for 8 weeks

INSTRUCTOR: Carol Migliorelli

NEW***BREATHE, STRETCH, RELAX

This is a chair based class lead by a Don Yoga Healer and Health Care Practitioner; it will incorporate stretching, breathing and brain wave vibrations all of which have positive effects on your health.

DATES: Tuesdays

TIME: 9:00am – 10am

FEE: \$32.00 for 8 weeks

INSTRUCTOR: Cynthia Farina

NEW***YOGA

Yoga is a form of exercise that uses slow movements and stretching. It is good for increasing flexibility, strength and balance as well as relieving stress

DATES: Tuesday

TIME: 4:30 – 5:30pm

FEE: \$32.00 for 8 weeks

INSTRUCTOR: Satya Carlson

TAI CHI

An amazing class that increases balance, coordination and flexibility while increasing strength. Tai Chi has been proven by NIH studies to reduce falls!!

DATES: Wednesday

TIME: 8am – 9am

FEE: \$32.00 for 8 weeks

INSTRUCTOR: Alex Lamas



ARTHRITIS AND BALANCE

This is a class designed for those with joint stiffness; it will follow the Arthritis Foundation exercise guidelines. Participation has shown a decrease in joint stiffness, improvement in joint stability and an increase in range of motion.

DATES: Wednesday

TIME: 12:30 to 1pm

FEE: \$16.00 for 8 weeks

INSTRUCTOR: Carol Migliorelli



ZUMBA

Dance, Shake and Groove your way into fitness!

Zumba burns calories, improves tone, balance and flexibility all while having a great time.

DATES: Wednesday

TIME: 1pm-2pm

FEE: \$32.00 for 8 weeks

INSTRUCTOR: Laura Santucci

20-20-20

A challenging and fun fitness class that easily adapts to all fitness levels. After a warm up you spend time in aerobic activity, strength and balance and in stretch and cool down.

DATES: Thursday

TIME: 8am – 9am

FEE: \$32.00 for 8 weeks

INSTRUCTOR: Carol Migliorelli

YOGA

Yoga is a form of exercise that uses slow movements and stretching. It is good for increasing flexibility, strength and balance as well as relieving stress

DATES: Thursday

TIME: 12:15 - 1:15 Floor/ Mat

1:30 - 2:30 Mat/Chair

FEE: \$32.00 for 8 weeks

INSTRUCTOR: Satya Carlson



NEW***RETRO CARDIO DANCE

A challenging and fun fitness class that will easily adapt to all abilities. The class will combine dance, aerobics and strength training in a joyful and supportive atmosphere

DATES: Thursday

TIME: 5:30 - 6:30pm

FEE: \$40.00 for 8 weeks

INSTRUCTOR: Carol Migliorelli

NEW***FUNCTIONAL FITNESS

Every session of this fun, joyful, and healthy program will help to improve your ability to complete your daily activities. There are elements of Yoga, Strength Training, Balance and Mobility in each program.

The objective is to balance the body in movement!"

DATES: Friday

TIME: 9:30am -10:30am

FEE: \$40.00 for 8 weeks

INSTRUCTOR: Gina Ianniello, Exercise Physiologist for FOX Rehabilitation Services

Adult Activities 55 Years and older

CLASS OFFERINGS

ART WORKSHOP

Let Your Inner Picasso Out! This course offers budding or born again artists a relaxing and encouraging atmosphere to learn the elements and master techniques of drawing/painting with local artists.

DATES: Fridays

TIME: 2:00 p.m. – 4:00 p.m.

FEE: \$48.00 for 8 Sessions

INSTRUCTOR: Rotating Artists

GUITAR WORKSHOP

An informal gathering of Guitar enthusiasts who teach, encourage and help each other learn.

DATE: Wednesdays

TIME: 9:30 a.m.

INSTRUCTOR: Betsy Hughes

CHORAL GROUP

Meet informally with others who enjoy singing. No experience necessary

DATE: Wednesdays

TIME: 10:30 a.m.

INSTRUCTOR: Betsy Hughes

BRIDGE LESSONS FOR BEGINNERS

Join this 8 week program to learn or review basic rules.

Popular Conventions taught.

DATES: Thursdays

TIME: 9:30 a.m. – 11:30 a.m.

FEE: \$10.00 for 8 weeks

INSTRUCTOR: Carol Kelly

STAINED GLASS

Pleasantville High School Art students along with their teachers will join in an intergenerational class learning and creating glass pieces.

DATE: Wednesdays

TIME: 3:00 p.m.

INSTRUCTORS: Jim Maron & Ruth Weyland

CREATIVE WRITING – DISCOVERING SHORT STORIES

Join us as we read and compare selected short stories from Life Studies by contemporary author Susan Vreeland. Each session will offer a chance to explore and discuss resonating truths about the human condition. *WRITING IS OPTIONAL*

DATES: Tuesdays, Oct. 1, 15 & 29, Nov. 12 & 26

TIME: 1:30pm-3:30pm

FEE: \$25 for Pleasantville Residents/ \$40 for Non-Residents

**FEE INCLUDES BOOK USED IN CLASS*

INSTRUCTOR: Karen Rippstein, CPT

AARP DEFENSIVE DRIVING

This course can save you money on your insurance and can remove points on your license.

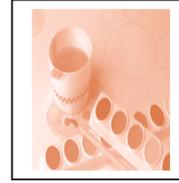
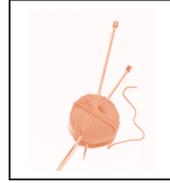
*Village of Pleasantville Residents can register on August 19th

All others can register as of September 16th.

DATE: Saturday, October 5, 2013

TIME: 9am to 4pm

FEE: \$17.00 per AARP members, \$19 for non-members



GROUP ACTIVITIES

KNITTING & CROCHETING CIRCLE

Join this old-fashioned knitting and crocheting circle that concentrates on knitting for others.

DATE: Mondays TIME: 10:00 a.m.

INSTRUCTOR: Ruth Murden

HORTICULTURE CLUB

Green thumbs are not required for growing plants!

Horticulturist, Cathy Fellows,

DATE: Mondays TIME: 10:00 a.m.

INSTRUCTOR: Cathy Fellows

MAKE TWO – KEEP ONE

Join this Caring and Crafty Circle projects and activities that focus on giving back to the community.

DATE: Mondays TIME: 10:00 a.m.

INSTRUCTOR: Barbara Smith

VETERANS ROUNDTABLE

Join this group of local veterans for discussion, support, service to others, activities and refreshments.

DATE: Mondays TIME: 1:00 p.m.

LEADER: Bert Ruiz

OPEN BRIDGE

Pick up Bridge, bring a table of 4, a partner or just come yourself and join in the fun.

DATES and TIMES: Tuesday 1 to 3pm

Thursdays 9:30 to 11:30am

MIXED MEDIA CRAFTS

Jewelry making, painting birdhouse, decoupage, mosaics and sewing are all part of this relaxed and judgment free craft group.

DATE: Wednesdays TIME: 10:00 a.m.

INSTRUCTORS: Barbara Smith, Joan Cregier and Lori Garcia

CHESS FOR ALL LEVELS WITH JACK

Join Jack Stockel and others for a morning of non-competitive play and camaraderie.

DATE: Fridays TIME: 10:00 a.m.

INSTRUCTOR: Jack Stockel

MEN ONLY CARD GAMES

Join in an all-male card game. Join us for Coffee,

Join us for Cake, Join us for Companionship.

You might even win a few pennies!

DATE: Fridays

TIME: 9:30 a.m.

MAH JONG

Pick up Bridge, bring a table of 4, a partner or just come yourself and join in the fun.

DATE: Friday

TIME: 9:30 to 11:30am

Adult Activities 55 Years and older

MONTHLY ACTIVITIES

“Friday AFTERNOON at the MOVIES”

Make a date to enjoy a late afternoon movie and a slice of Pizza. \$5.00 (pizza, drink, dessert)
Check Calendar or call for the date.
Movie starts at 4pm with Pizza to follow.

“LUNCH ABOUT WITH PEGGY”

Enjoy lunch at a local restaurant every month
Lunch is by separate check. Transportation: \$5.00.
Watch Newsletter for details.

SHOPPING ABOUT TOWN

Enjoy a trip to an area mall, to a movie or to a cultural venue.
Admission is on your own.
Transportation: \$5.00.
Watch Newsletter for details.

BOOK LOVERS GROUP

Love to read? There is only one thing better than a good book – someone with whom to share it.
DATE: Third Thursday
TIME: 1:30 p.m.

NEW***MONTHLY BREAKFAST

Enjoy Breakfast and Conversation with a variety of Village of Pleasantville Organizations. Breakfast is \$2.50.
TIME: 8am
Please call for date or Watch Newsletter for details.

NEW*** CELEBRATE AGING

Join the Livable Communities Village and Age –friendly Community Forum for powerful discussions, necessary information and just plain talk about enriching the rest of your life.
DATE: Tuesday, September 17, 2013
TIME: 9am to 2pm
PLACE: Mount Pleasant Community Center
Bus will be leaving Clinton Street at 8:45am
Watch Newsletter for details.

NEW***SENIOR LAW DAY

Free Legal and Financial Advice at this 14th Annual Westchester Senior Law Day. There will be dozens of workshops on topics such as Medicare and the New Affordable Care Act, Estate Planning and Elder Law basics, and more.
DATE: Thursday, October 17, 2013
TIME: 9am to 2pm
PLACE: Westchester County Center, White Plains
Bus will leave Clinton Street Center at 8:45am.
Watch Monthly Newsletter for details

NEW*** YOUR MEDICARE RIGHTS

Medicare Rights Center Director and Advocate, Pat Esposito, will take us all of the way through the Medicare system, our rights and services. Keep up to date on all of the changes. This is a free class but pre-registration is required
DATE: Wednesday, September 11, 2013
TIME: 11am to noon

COLLEGE ON CLINTON



**College on Clinton Street Programs are under construction
Please call the Clinton Street Center at
769-2021, for additional information*

THE CLOISTERS ART AND HISTORY

September 2013
DATES: Tuesdays, September 10, 17 and 24th
TIMES: 10:30 to Noon
With a possible trip to *The Cloisters*, that will be discussed at the first class meeting
INSTRUCTOR: Cherise Gordon
FEE: \$25.00

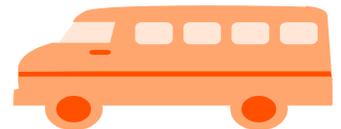
BEER AND BEER MAKING

October 2013
DATES and TIMES: Tuesdays 11am to Noon
With a few trips to local Watering Holes for beer tastings and lunch.
INSTRUCTOR: TBD
FEE: TBD

THE BEATLES: MUSIC AND POLITICS

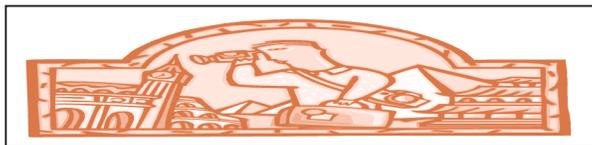
November 2013
DATES: Tuesdays, November 5, 12, and 19th
TIMES: 10:30 to Noon
With a possible trip to *B.B.Kings* for the Strawberry Fields Brunch will be discussed at the first class meeting
INSTRUCTOR: Cherise Gordon
Fee: \$25.00

Transportation



* Is available to Village of Pleasantville Senior residents wanting to join us for lunch \$2.00 round trip
*Is available to Seniors living within the Pleasantville School District wanting to join us for lunch for \$3.00 round trip
* Is available for participation in many classes, for \$2.00 for Village residents and \$3.00 for District residents. Please call 769-2021 for more information

Senior Citizen Outreach Programs



TRIPS

THE BARNES MUSEUM

DATE: Saturday, September 28, 2013

PRICE: \$119 per person

DEPART: 8:15am from Pleasantville

Price Includes: Transportation, Admission to the Barnes, Audio Guided Tour of the museum, 3 Course Lunch on the Moshulu, Tour Director, All taxes and gratuities. (You are in Museum for 2 ½ hours, returning home between 8 and 8:30pm)

LOWER EAST SIDE EATING TOUR

A NEW GASTRONOMICAL ADVENTURE

DATE: Wednesday, October 2, 2013

PRICE: \$79 per person

DEPART: 1pm from Pleasantville

Price Includes: Transportation, Expert Tour Guide, Noshing Stops during the Tour, Tour Director, All taxes and gratuities

THE MIRACLE OF CHRISTMAS at the Sight and Sound Theater

DATE: Thursday, December 5, 2013

PRICE: \$129 per person

Special Price and Pick up based on a minimum of 10 travelers

DEPART: 8:30am from Pleasantville

Price Includes: Transportation, Orchestra Seating, Lunch at Millers Smorgasbord, Tour Director, All taxes and gratuities.

MOUNT AIRY CASINO AND RESORT - POCONOS

Famous for their absolutely astonishing giveaways, prizes and winnings. Join us for a fun filled day at Mount Airy Casino and Resort.

DATE: Tuesday, September 10, 2013

PRICE: \$30 per person

DEPART: 8am from Pleasantville

MOHEGAN SUN CASINO TRIP

Try your luck and test your skill.

Join your friends for a fun filled day.

DATE: Tuesday, November 12, 2013

PRICE: \$30 per person

DEPART: 7:30am SHARP from Pleasantville

Volunteers Needed

Do you have time to reach out to an older neighbor?
Just an hour a week or an hour a month can make a huge difference in the life of some of our older residents.

Volunteers are needed to work with our Home Delivered Meals Program and with our Medical Appointment Escort

NUTRITION AND SUPPORT

FOREVER YOUNG 90+ BIRTHDAY CLUB

The Clinton Street Center and the Village of Pleasantville honors its elder residents with a birthday bouquet from Nilsson's Flowers and gifts. Let us know if you or someone you know is 90+ years of age.

LUNCH BUNCH at CLINTON STREET

Join your old friends, make new ones and catch up on what is happening in our community while enjoying a delicious, well balanced meal.

DATE: Monday to Friday

TIME: Noon

FEE: \$4.00 (salad may be substituted with prior notice)

RESERVATIONS ARE REQUIRED.

WEEKLY SHOPPING

An escorted weekly shopping van offers door to door grocery shopping.

DATE: Tuesday – A&P pick-ups start at 9am

Thursday – Shop Rite pick-ups start at 9am

FEE: \$2.00 round trip

RESERVATIONS ARE REQUIRED.

THE NURSE IS IN!

Come and visit with our delightful nurse Gen Lucenti, RN, BS,MS. Gen will be here each week and check your Blood Pressure. Nurse Gen will answer health related questions and will always leave you with a smile. ☺

DATE: Tuesdays

TIME: 10am to Noon

MEDICAL APPOINTMENT ESCORT

Assistance to medical appointments is available to community members through our volunteer network. Please call us at 769-2021 as soon as you make your doctor's appointment and we will try to find a ride for you. We need a minimum of 2 days to arrange your transportation.

VILLAGE SHUTTLE

Want to go to the Library? Need a ride to get your hair done? Need to get to the Bank? Want to get to the Post Office and Village Offices?

We are now providing shuttle services within the Village of Pleasantville or to the Thornwood Shopping Center.

Call for available times. \$3.00 round trip

INFORMATION & REFERRAL

The Clinton Street Center offers a variety of Services to help seniors live at home and as independently as possible. If you have a question or need some assistance, **Ask us!!**

Local Postal Customer

Fall 2013 Activities



Program Registration

**Saturday, September 21, 2013
9:00 a.m. – 12:00 noon**

Village Board

Mayor

Peter Scherer

Trustees

Jonathan Cunningham
Mindy Berard

Colleen Griffin Wagner
Brian Skarstad

Village Administrator

Patricia Dwyer

Recreation & Parks Staff

Linda Bellofatto, Superintendent
Debbie Nava Secretary
Joseph Persichetti, Senior Recreation Leader
Joni Erlich, Director of Senior Citizens
Joan McGowan, Senior Citizen Secretary
Richard Murden, Cook
Mario Sansotta, Park Foreman
Fabio Gulla, Park Groundsman
Brendan Gallagher, Park Groundsman

Parks & Recreation Advisory Board

Michael Gilfeather, Chairperson
Gary Cahill
Armand D'Angelo
Christina Lange
Joseph Ruhl
Lori Shay
Geraldine Stapleton

Meeting are held the 2nd Wednesday
of each month at 8:00 p.m. in the
Village Hall – 3rd floor.
The public is always invited.

Recreation Office Hours

8:00 a.m. – 4:00 p.m. Monday – Friday