

# Clinton Street Center SUPPORT SERVICES

The Clinton Street Center is a site of many diversified activities, events, programs and services for older adults, 60 years and above, and their friends and family members who may need advice or guidance. The Center caters to the philosophy of wellness of "Mind-Body-Spirit" in providing cultural, recreational, educational, health and social activities for adults age 60 and over in Pleasantville and the surrounding area. The purpose of the center is to reaffirm the dignity and value of the older adults in the community by providing an opportunity to participate in a wide variety of activities, share talents and experiences and to socialize with ones' peers. Furthermore, it is of the utmost importance for the existence of such centers to promote an appropriate level of independence, to prevent isolation, loneliness and a lack of purpose.

Ultimately, we strive to respond to the growing and changing needs of our aging population.

## SUPPORT SERVICES

### INFORMATION, REFERRAL & SUPPORT

The Village of Pleasantville provides senior citizen programs and services through the Clinton Street Center. Joni Ehrlich, GCM, QDCP, Director of Senior Services can be contacted Monday through Friday from 8:00 a.m. to 4:00 p.m. at 769-2021. The following programs and services are available to all eligible Pleasantville residents.

### BLOOD PRESSURE SCREENING

The Clinton Street Center will have a Registered Nurse available for blood pressures and individual discussion every Tuesday from 10:00 a.m. to 12:00 noon. Please call before coming out.

### FILE OF LIFE

The File of Life Card enables medics to obtain a quick medical history when you are unable to offer one. The packet includes a mini medical history, which is placed in a holder and posted on the outside of the refrigerator. There is also a wallet-sized card to be carried with you. No Fee  
\*You are required to make an appointment for this service.

### LIBRARY ON WHEELS

Volunteers bring books and tapes to your home. Your choice or ours. Join our Book Discussion Group – Monthly selection and discussion questions will be shared with homebound seniors upon request. No Fee



## NUTRITION

### LUNCH AT THE "CENTER"

The Clinton Street Center serves a full lunch Monday through Friday (except holidays) at 12:00 Noon. A salad or sandwich may be substituted for the main entrée with prior 24 hour notice. The menu is published in the monthly newsletter. Please make your reservation in advance. \$5.00.

**Meals To Go Are Now Available!**

### HOME DELIVERED MEALS

A hot and/or cold meals is available 7 days a week for senior citizens who are unable to prepare a meal and/or unable to grocery shop. Please contact Program Director for application and information. \$5.00 for hot meal or cold meal.

## TRANSPORTATION

### WEEKLY FOOD SHOPPING VAN

An escorted weekly shopping van offers door-to-door shopping. Assistance with packages provided.  
DATE: Thursdays TIME: 9:00 a.m. pick up start  
FEE: \$2.00 suggested donation

### MONTHLY SHOPPING TRIP

Monthly shopping trips to area shopping malls are provided by the Village van. The morning shopping may include lunch out at a pre-determined restaurant. Transportation Fee: \$5.00 Details in Newsletter.

### LOCAL VAN

Van Service is available within the Village of Pleasantville and to the Thornwood Shopping Center Use this service to go to Hair Salon, Bank, Medical, etc.)  
DATE: Monday – Friday  
TIME: By Appointment – it is schedule IF we can fit it in our other Transportation Services.  
FEE: \$3.00 suggested donation

### MEDICAL ESCORT SERVICE

For seniors needing transportation to medical appointments. This service is provided by volunteers and subject to availability. We Need a Minimum of 3 days to arrange this service. No Fee