

# Clinton Street Center SUPPORT SERVICES

## SUPPORT SERVICES

### INFORMATION, REFERRAL & SUPPORT

The Village of Pleasantville provides senior citizen programs and services through the Clinton Street Center. Joni Ehrlich, GCM, QDCP, Director of Senior Services can be contacted Monday through Friday from 8:00 a.m. to 4:00 p.m. at 769-2021. The following programs and services are available to all eligible Pleasantville residents.

### BLOOD PRESSURE SCREENING

The Clinton Street Center will have a Registered Nurse available for blood pressures and individual discussion every Tuesday from 10:00 a.m. to 12:00 noon. Please call before coming out.

### “ARE YOU O.K.?”

A daily telephone reassurance call is made to senior citizens who live alone. The calls are made between 8 and 8:30am 7 days a week. Call to register for your daily call. No Fee

### FILE OF LIFE

The File of Life Card enables medics to obtain a quick medical history when you are unable to offer one. The packet includes a mini medical history, which is placed in a holder and posted on the outside of the refrigerator. There is also a wallet-sized card to be carried with you. No Fee  
\*You are required to make an appointment for this service.

### LIBRARY ON WHEELS

Volunteers bring books and tapes to your home. Your choice or ours. Join our Book Discussion Group – Monthly selection and discussion questions will be shared with homebound seniors upon request. No Fee

### Volunteers Needed:

**Support the Clinton Street Center**

**Programs**

**by Volunteering Your Time**

**Call for More Information on Volunteer Opportunities.**

## NUTRITION

### LUNCH AT THE “CENTER”

The Clinton Street Center serves a full lunch Monday through Friday (except holidays) at 12:00 Noon. A salad or sandwich may be substituted for the main entrée with prior 24 hour notice. The menu is published in the monthly newsletter. Please make your reservation in advance. \$5.00.

**Meals To Go Are Now Available!**

### HOME DELIVERED MEALS

A hot and/or cold meals is available 7 days a week for senior citizens who are unable to prepare a meal and/or unable to grocery shop. Please contact Program Director for application and information. \$5.00 for hot meal or cold meal.

## TRANSPORTATION

### WEEKLY FOOD SHOPPING VAN

An escorted weekly shopping van offers door-to-door shopping. Assistance with packages provided.

DATE: Tuesdays & Thursdays

TIME: 9:00 a.m. pick up start

FEE: \$2.00 suggested donation

### MONTHLY SHOPPING TRIP

Monthly shopping trips to area shopping malls are provided by the Village van. The morning shopping may include lunch out at a pre-determined restaurant. Transportation Fee: \$5.00  
Details in the monthly Newsletter.

### SHUTTLE VAN

Shuttle Van within the Village and Thornwood Shopping Center (Library, Hair, Bank, Medical, etc.)

DATE: Monday – Friday

TIME: By Appointment

FEE: \$3.00 suggested donation

### ESCORT SERVICE

For seniors needing transportation to medical appointments. This service is provided by volunteers and subject to availability. We Need a Minimum of 3 days to arrange this service. No Fee