

Clinton Street Center Calendar May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Programs and Activities Subject to Change		1 10:00 <u>Health and Wellness Program Sponsored by NWHC</u> 10:30 Choral Group 11:30 Grab and Go Lunch Noon Lunch – In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge/ Canasta/Card Games Menu: Chicken Cordon Bleu	2 9:00 Grocery Shopping 10:00 Zumba Gold 11:30 Grab and Go Lunch Noon Lunch- In House 1:00 Bingo 1:00 Broadway Music Program Menu: Roast Turkey w/Gravy	3 9:00 Dance That Walk Tape 10:00 Zumba Gold/Toning 10:00 Mah Jong 11:30 Grab and Go Lunch 12:45 Harmonica 2:00 Painting with Sally Menu: Baked Fish Piccata
6 10:15 Knitting 10:15 Beginner’s Bridge 11:30 Grab and Go Lunch 1:00 Ted Talks 1:30 Special Jewelry -Glass Pendant and bead necklaces No Tai Chi Menu: Apple Braised Pork Chop	7 9:00 Line Dancing 10:00 Guitar 11:30 Grab and Go Lunch Noon Lunch – In House 1:00 Bingo 1:30 Yoga-Chair 2:45 Yoga- Mat Menu: Chicken Francese	8 Trip: Target/Bedford Diner 10:30 Choral Group 11:30 Grab and Go Lunch Noon Lunch – In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge / Card Games/Canasta Menu: Baked Salmon	9 9:00 Grocery Shopping 10:00 Zumba Gold 11:30 Grab and Go Lunch Noon Lunch- In House 1:00 Bingo Menu: Meatloaf w/Gravy	10 9:00 Dance That Walk Tape 10:00 Mah Jong 11:30 Grab and Go Lunch 12:45 Harmonica 1:00 Movie and Snacks “The Guernsey: Literary and Potato Peel Society” 2:00 Painting with Sally Menu: Italian Sausage/Peppers
13 10:15 Knitting 10:15 Beginner’s Bridge 11:30 Grab and Go Lunch 1:00 Ted Talks 1:30 Craft -Patriotic Wreath- No Tai Chi Menu: Chicken Pot Pie	14 9:00 Line Dancing 10:00 Guitar 11:30 Grab and Go Lunch Noon Lunch – In House 1:00 Bingo 1:30 Yoga-Chair 2:45 Yoga-Mat Menu: Baked Fish Florentine	15 10:30 Choral Group 11:30 Grab and Go Lunch Noon Lunch – In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge / Card Games/Canasta Menu: Swiss Steak w/ Onion Gravy	16 9:00 Grocery Shopping 11:30 Grab and Go Lunch Noon-lunch in house 1:00 Bingo No Zumba Menu: Sliced Roast Pork	17 9:00 Dance That Walk Tape 10:00 Mah Jong 10:00 Zumba Gold/Toning 11:30 Grab and Go Lunch 12:45 Harmonica 2:00 Painting with Sally Menu: Chicken Cordon Bleu
20 9:00 Tai Chi 10:15 Knitting 10:15 Beginner’s Bridge 11:30 Grab and Go Lunch 1:00 Ted Talks 1:30 Book Club -Thursday Murder Club- By: Richard Osman Menu: Spaghetti and Meatballs	21 9:00 Line Dancing 10:00 Guitar 11:30 Grab and Go Lunch Noon Lunch – In House 1:00 Bingo 1:30 Yoga-Chair 2:45 Yoga- Mat Menu: Breaded Pork Chops	22 10:30 Choral Group 11:30 Grab and Go Lunch Noon Lunch – In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge / Card Games/Canasta Menu: Shrimp Chow Mein	23 9:00 Grocery Shopping 10:00 Zumba Gold 11:30 Grab and Go Lunch Noon Lunch – In House 1:00 Bingo Menu: Oven Fried Chicken	24 9:00 Dance That Walk Tape 10:00 Bagels and Musicals 11:30 Grab and Go Lunch 12:45 Harmonica 2:00 Painting with Sally Musical Funny Girl No Mah Jong Today Menu: Pulled BBQ Chicken
27 Closed in Observance of Memorial Day 	28 9:00 Line Dancing 10:00 Guitar 11:30 Grab and Go Lunch Noon Lunch – In House 1:00 Bingo 1:30 Yoga-Chair 2:45 Yoga- Mat Menu: Salmon Scarpariello	29 10:00 <u>M&T Bank Presentation: Bank Scams</u> 10:30 Choral Group 11:30 Grab and Go Lunch Noon Lunch – In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Card Games/open Bridge, Canasta Menu Chicken Stew W/Apricots	30 9:00 Grocery Shopping 10:00 Zumba Gold 11:30 Grab and Go Lunch Noon Lunch – In House 1:00 Bingo Menu: Italian Sliced Beef	31 9:00 Dance That Walk Tape 10:00 Zumba Gold/Toning 10:00 Mah Jong 11:30 Grab and Go Lunch 12:45 Harmonica 2:00 Painting with Sally 2:15 Italian Lessons Menu: Sweet and Sour Pork

Clinton Street Center Calendar June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 Tai Chi 10:15 Knitting 10:15 Beginner's Bridge Noon Lunch-In house 1:00 Ted Talks Menu: BBQ Pork Chop	4 9:00 Line Dancing 10:00 Guitar Noon Lunch – In House 1:00 Bingo 1:30 Yoga-Chair 2:45 Yoga- Mat Menu: Country Fried Steak	5 10:30 Choral Group 11:30 Grab and Go Lunch Noon Lunch In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge/card games/Canasta Menu: Chicken Piccata	6 9:00 Grocery Shopping 10:00 Zumba Gold 11:30 Grab and Go Lunch Noon Lunch In House 1:00 Bingo Menu: Roast Turkey w/Gravy	7 9:00 Dance That Walk Tape 10:00 Zumba Gold/Toning 10:00 Mah Jong Noon Lunch-In House 12:45 Harmonica 1:00 Netflix 2:00 Painting with Sally Menu: Battered Cod
10 9:00 Tai Chi 10:15 Knitting 10:15 Beginner's Bridge Noon Lunch-In house 1:00 Ted Talks 1:30 Crafts -Wooden Craft house- Menu: Chicken Tenders	11 9:00 Line Dancing 10:00 Guitar Noon Lunch – In House 1:00 Bingo 1:30 Yoga-Chair 2:45 Yoga- Mat Menu: Baked Salmon	12 10:00 Family Services of Westchester Presents: Combating Loneliness in Seniors 10:30 Choral Group Noon Lunch In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge/Card Games/Canasta Menu: Eggplant Parmigiana	13 9:00 Grocery Shopping 10:00 Zumba Gold Noon Lunch In House 1:00 Bingo No Zumba Menu: Sliced Roast Pork	14 9:00 Dance That Walk Tape 10:00 Mah Jong Noon Lunch-In house 12:45 Harmonica 1:00 Movie and Snacks Falling for Figaro 2:00 Painting With Sally No Zumba Menu: Knockwurst
17 9:00 Tai Chi 10:15 Knitting 10:15 Beginner's Bridge Noon Lunch-In house 1:00 Ted Talks 1:30 Book Club -Small Things Like These By: Claire Keegan Menu: Baked Fish Florentine	18 9:00 Line Dancing 10:00 Guitar Noon Lunch – In House 1:00 Bingo 1:30 Yoga-Chair 2:45 Yoga- Mat Menu: Tortellini Alfredo	19 White Plains City Center Trip 10:30 Choral Group Noon Lunch – In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge / Card Games/Canasta Menu: Chicken Milanese	20 9:00 Grocery Shopping 10:00 Zumba Gold Noon Lunch- In House 1:00 Bingo Menu: Meatloaf W/Gravy	21 9:00 Dance That Walk Tape 10:00 Zumba Gold/Toning 10:00 Bagels and Musicals Noon Lunch-In house 12:45 Harmonica 2:00 Painting with Sally Musical: “Guys and Dolls” No Mah Jong Menu: Breaded Pork Chop
24 9:00 Tai Chi 10:15 Knitting 10:15 Beginner's Bridge Noon Lunch-In house 1:00 Ted Talks 1:30 Special Jewelry -Glass pendant beaded necklaces- Menu: Swedish Meatballs	25 9:00 Line Dancing 10:00 Guitar Noon Lunch – In House 1:00 Spring fun Bingo 1:30 Yoga-Chair 2:45 Yoga- Mat Menu: Battered Cod	26 10:00 Estate Planning Presentation 10:30 Choral Group Noon Lunch – In House 12:00 Arthritis Balance 12:50 Aerobics 1:30 Open Bridge /Card Games/Canasta Menu: Chicken Cordon Bleu	27 9:00 Grocery Shopping 10:00 Zumba Gold Noon Lunch- In House 1:00 Bingo Menu: Tropical Pork	28 9:00 Dance That Walk Tape 10:00 Zumba Gold/Toning 10:00 Mah Jong Noon Lunch-In house 12:45 Harmonica 2:00 Painting with Sally 2:15 Italian Lessons Menu: Manicotti

Subject to change