

Village of Pleasantville, Clinton Street Center

Home Delivered Meals Assessment

Date of Intake: _____

Name: _____ **Phone:** _____

Address: _____

DOB: _____ **Gender:** _____ **Marital Status:** _____

Living Arrangement: ___ALONE ___W/ Spouse ___W/ Children ___Other (_____)

Housing: ___Single Family Home ___Multi Family Home --- Own or Rent -- _____ # in Household

EMERGENCY CONTACT:

#1 Contact Name: _____ **Relation:** _____

Address: _____

Cell: _____ **Home:** _____ **Work:** _____

#2 Contact Name: _____ **Relation:** _____

Address: _____

Cell: _____ **Home:** _____ **Work:** _____

Physician:

Name: _____ **Phone:** _____ **FAX:** _____

Address: _____

Medical/Health Conditions: ___Dementia ___Arthritis ___Cancer ___COPD

___Chronic Pain ___Congestive Heart Failure ___Dental Issues ___Dialysis ___Diabetic

___Insulation dependent ___Hearing Impairment ___High Blood Pressure ___Legally Blind

___Parkinson ___Visual Impairment Other: _____

Prescribed and OTC Medication:

ALLERGIES:

Mental Status: ___Adequate ___Alert/Oriented ___Limited

Durable Equipment: ___Cane ___Dentures ___Glasses ___Hearing Aid ___Walker/Rollator

Do you Receive: Social Security: _____ Medicare _____ Medicaid _____

Do you have a DNR? _____ **Do you Final arrangements in Place:** _____

Nutrition:

Are you on a special diet? _____

Any Food Allergies? _____

Nutrition Risk Assessment:

1. Do you have an illness or condition that makes you change the kind or amount of food eaten? No Yes if yes 2 pts.
2. (i.e. diabetes, high blood pressure, or kidney disease) No Yes if yes 2 pts.
3. Do you eat fewer than 2 meals per day? No Yes if yes 3 pts.
4. Do you eat few fruits or vegetables or milk products per day? No Yes If yes 2 pts
answer yes if you drink less that 2 cups of milk or other dairy daily, or eat Less than 5 serving of fruit/vegetables per day
5. Do you have trouble eating due to problems with teeth/mouth? No Yes if yes, 2 pts
6. Do you sometimes have problems buying food due to income? No Yes if yes 4 pts
7. Do you eat alone most of the time? No Yes if yes 1pt
8. Do you take 3 or more prescribed or OTC medications daily? No Yes if yes 1 pt
9. Without wanting to, have you gained or lost 10 pounds in the last 6 months? No Yes if yes 2pts
10. Are you not always physically able to shop, cook for yourself? No Yes if yes 2pts
11. Do you have 3 or more drinks of beer, wine or alcohol daily? No Yes if yes 2 pts

Total points _____

0-2 points Good Nutritional Health (re check at 6 month mark)

3 – 5 points Moderate Risk (share info with family/caregivers with suggestions for nutritional improvement)

5+ points High Nutritional Risk (Share info with family and physician)

I _____ am requesting that I receive Home Delivered Meals. I understand that the information here is confidential and it will be used for purposes related to providing these services to me. I also understand that the meals cost \$5 each and I will be billed at the end of each month. I release the Village of Pleasantville, its Board of Trustees, Employees and Volunteers of any liability whatsoever in relation to the delivering of these meals.

Signature/ Date: _____

Service provider signature/Date: _____

_____ **To be completed by Clinton Street Center Personnel** _____

Approved for Services: _____ Yes _____ No

Days to receive meals: Mon. Tues. Wed. Thurs. Fri. _____ Receive Hot Meal or Cold Meal

Date of Service Started: _____ Date Ended: _____